Updated March 2, 2022

Alaska Department of Fish and Game Boards Support Section

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Current Conditions re: COVID-19

Table 1 provides the COVID-19 case counts and related information for Alaska and the large communities as of February 28, 2022. It is assumed many of the public participants reside in Fairbanks, but because the meeting covers statewide topics, attendance is expected from all over the state (see page 4).

Location	¹ Cases (last	Case	7-Day	Case Rate	Risk Alert	Percent of
	7 days)	trend as	Case Rate	Trend as	Level	Fully
		of 2/18		of 2/18		Vaccinated
Alaska Statewide	2,137	Down	293.3	Down	High	59.1%
		from		from		
		3,787		510.5		
Fairbanks North Star	187	Down	191.4	Down	High	55.4%
Borough		from 297		from		
				305.7		
Mat-Su Borough	192	Down	178.9	Down	High	49.9%
		from 392		from		
				365.3		
Anchorage	593	Down	205.2	Down	High	60.8%
Municipality		from		from		
		1,282		443.6		

Table 1

*Reporting data for February 28, 2022, for resident cases.

Fairbanks North Star Borough Information

The Fairbanks North Star Borough is listed at a High Alert level by the State of Alaska. As of February 28, 2022, 187 cases were reported over the past seven days (down from 297 the prior week) with a 7-day case rate of 191.4. With regards to hospital bed capacity, as of February 28, 8 of the Interior Region's 13 intensive care unit (ICU) beds were in use and 71 of 82 adult non-ICU inpatient beds were occupied. This level of capacity is not considered a crisis mode.

For information on the conditions for the City of Fairbanks and North Star Borough, visit the State of Alaska COVID-19 dashboard website at: <u>https://interior-alaska-covid19-hub-tomdgis.hub.arcgis.com/</u> or contact the Fairbanks Public Health Center website at

https://dhss.alaska.gov/dph/Nursing/Pages/Frontier%20Region%20Public%20Health%20Center%20Pages/Fairbanks-Regional-Public-Health-Center.aspx

¹The 7-day case rate is a common measurement for comparing the prevalence of COVID-19 in various communities or regions with different populations. Using 100,000 population as the flagpole, it asks "what is the average number of daily cases if you prorate the population to 100,000?". In a community like Juneau with a population of 32,000, roughly a third of 100,000, if the community was sustaining 10 cases/day on average, it's case rate would be 31.25. In a community like Anchorage with a population of 288,970, if there were 50 cases/day on average, it would have a case rate of 17.3.

² All data from the Alaska Department of Health and Social Services daily COVID-19 updates.

Expected Attendance

The Statewide Regulations meeting is estimated to have 70-90 people in attendance between board members, staff and attending public. Public attendance will be at its highest during the oral hearing scheduled for March 4 - 6. Table 1 provides a known breakdown at this time and an estimate of unknown public participation based on registration and past meeting attendance.

Organization	Number of People	Notes
Board of Game Members	7	Travelling from Bethel, Juneau, Eagle River, Talkeetna and Wasilla. Two reside in Fairbanks.
ADF&G Boards Support	4	Travelling from Juneau and Kotzebue; 1 resides in Fairbanks.
ADF&G – Wildlife Conservation	3	Travelling from Palmer and Juneau
ADF&G – Subsistence Section	2	1 travelling from Anchorage and 1 resides in Fairbanks.
Other Staff	3	Travelling from Anchorage
Advisory Committee Members	10-12	Travelling from Anchorage, Aniak, Akiachak, Kipnuk, Juneau, Craig, Ketchikan, Kodiak, Wasilla, Nushagak, and Sleetmute,
General Public	50-60	An estimate. As of 3/2/22, close to 40 people registered to attend the meeting in person.
Total In Person	~70-90	

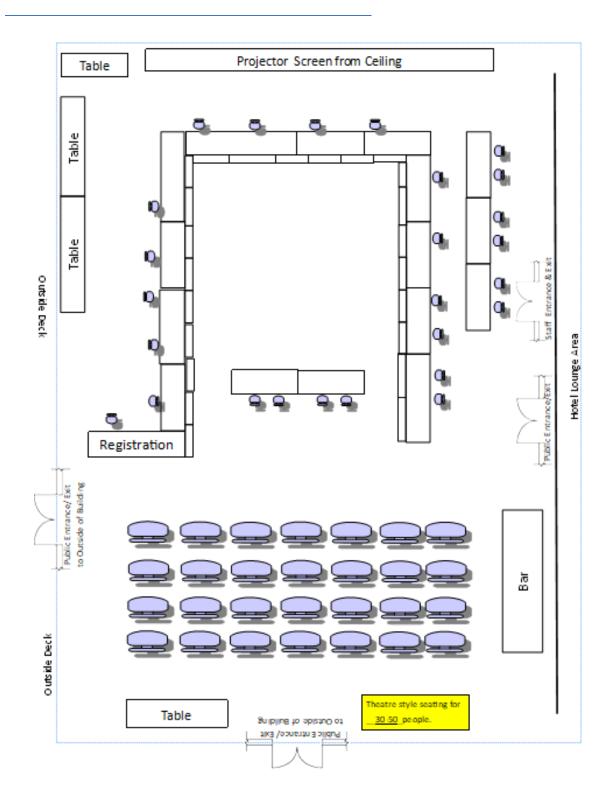
Facility Considerations

Pikes Waterfront Resort is a privately owned hotel & meeting facility with 180 rooms. The hotel is expected to be fully booked during the time of the board meeting. Sixteen rooms are reserved for ADF&G Boards Support staff, board members and AC members.

The meeting room space is 2,800 square feet (80' x 35'). There are two doors entering the meeting space from inside the hotel, near the lounge area. One is closer to the board meeting table and will be used for staff and board members to enter and exit the room. The other door will be used for the public to enter and exit. The doors will be labeled for convenience. Both doors are right near the lounge area where breakfast and coffee are served to hotel guests.

There are two sets of doors to the meeting room from the outside which can be used to enter and exit the meeting, The outside walkways and deck will be maintained for public access.

Figure 1. Meeting Room Venue



Mitigation Measures

Pretesting:

Pretesting is not a requirement of meeting attendees but strongly encouraged one day before attending the meeting and as symptoms develop or when in contact with someone who has been infected with COVID-19. For those travelling, testing in one's home community within 1-3 days prior to departure will provide the attendee with information related to infection and whether travel is advisable. Attendees using at-home antigen tests prior to attendance and according to package instructions which advise using the two tests 24 to 48 hours apart. These are available at most local pharmacies and clinics (see Attachment 1).

Per CDC travel updates on January 27, 2022, do not travel if you are:

- Sick
- Waiting for results of a COVID-19 Test.
- You tested positive for COVID 19.
 - Do not travel until a full 10 days after your symptoms started or the day your positive test was taken if you had no symptoms.
 - You had close contact with a person with COVID-19. Avoid travel until 10 days after your last contact with someone with COVID-19. If you must travel you can do so day 6-10 while taking precautions. If you travel day 6-10 properly wear a <u>well-fitting mask</u> when you are around others for the entire duration of travel. If you are unable to wear a mask, you should not travel during the 10 days.

Registration

Registration is required of all public participants including advisory committee members. Registration will contain contact information, acknowledgement of a waiver and release of liability, and requested sign-up time period for public testimony. The online registration form will be available throughout the meeting for anyone who did not pre-register, and Boards Support staff can assist those needing to register. Individuals entering the meeting room will be given a badge and asked to have it available upon request throughout the meeting. The link to pre-register for the meeting is: www.adfg.alaska.gov/index.cfm?adfg=gameboard.meetinginfo &date=03-04-2022&meeting=fairbanks.

Mask Requirement

Due to the high transmissibility of the Omicron variant and the high numbers of cases, mask wearing is strongly encouraged to minimize contracting COVID-19 or cold/flu-like symptoms, which could derail the meeting. Please remember an outbreak of COVID-19 at the meeting may very well end the meeting. Well-fitting masks are advisable and will be available at the meeting.

Social Distancing

Social distancing is encouraged but will not be possible at the meeting, especially during the times of high public attendance such as during the oral hearing, March 4 - 6. Board members and staff seated around the tables will be spaced out approximately four feet. Chairs for public seating will be spaced out at approximately four feet.

Signage & Handouts

Boards Support will work with facility management to have appropriate and adequate signage and handouts around the building in key locations including the front entrance, when entering the meeting room, and in the main meeting area. Signage and handouts will provide:

- Encouragement of wearing masks.
- Encouragement to practice social distancing when possible.
- Encouragement to wash hands, use hand sanitizer, and other measures.
- The mitigation plan which includes information about local medical facilities providing testing and vaccinations.
- Information about COVID-19 related symptoms.
- Information about when to test, quarantine and isolate.

Traffic Flow

Signage will guide participants on traffic flow into and out of the meeting. As mentioned under the facility considerations section, there are two inside doors, for access into the meeting room form the lounge area. It will not be possible to separate the public entrance and exit from inside the hotel. Use of the two doors going directly outside will be encouraged to extent practical.

Physical Equipment

Boards Support will set up sneeze guards around the regional coordinator/record copy desk. Coffee and water service will be limited; water bottles may be available as opposed to water coolers. Ample hand sanitizer, masks, and home tests kits will be available. Air purifiers with Hepa air filters will be placed around the meeting room. Boards Support has microphone covers to use for shared microphones.

Daily Sanitation

Following each meeting day, Boards Support and hotel staff will clean the meeting room and general area. During breaks, boards staff and hotel staff will clean high touch areas. Doors and windows will be opened each day when possible, to improve air flow. Participants will be encouraged to leave the meeting hall quickly after adjournment to allow the cleaning to occur and avoid prolonged exposure to other meeting attendees. Hand sanitizer will be provided throughout the rooms.

Facility Measures

The hotel management has enacted a number of COVID-19 mitigation measures such as: increased cleaning of high public areas including the restrooms; coffee dispensers have push handles; a water bottle filling station is available on the 2nd near the ice machine; and ventilation filters have been recently replaced in February.

Testing Facilities

Testing facilities are available at several locations in the Fairbanks area, although most likely for a nominal fee (see Attachment 1). Boards Support also has a supply of home antigen test kits. In the event individuals begin to feel cold and flu-like symptoms, there will be handouts available at the meeting venue on where to find the clinics.

Board Process Changes

Testimony Process: To help reduce the number of people in the board meeting room during the oral hearing, remote testimony via phone will be taken the afternoons of March 4, 5 & 6. In addition, in-person testifiers will be able to select one time period during these three days to give oral comments. This staggered approach to handling public testimony is intended to allow individuals to arrive near their scheduled time for testimony in an effort to spread out participants. Remote testimony is also being allowed to reduce in-person attendance.

Electronic Record Copies: Record copies (RC) submitted at the meeting can be done via email instead of hard copies. Record copies can be emailed as PDF attachments to: <u>dfg.bog.comments@alaska.gov</u>. Boards Support staff can assist anyone needing help with creating PDF attachments. Boards Support staff will either distribute RCs around the table or by leaving copies at an assigned location for board members to retrieve. Hardcopies of all record copies may not be available at the public table for attendees to view. Participants may view RCs from the meeting website.

Remote Participation: There will be increased video capacity in the room. Staff and board members unable to attend in person will be able to participate remotely. Attendees can watch or listen to the meeting elsewhere and better time when they need to be in the room.

In Meeting Plan

COVID Response Plan

Any meeting attendee who tests positive for COVID or has a known exposure, is asked to contact the Boards Support Section staff (see contact information on page 2) so they can inform the registered participants regarding the infection with a recommendation that individuals who may know they were exposed to COVID-19 to seek testing, monitor symptoms, and quarantine as recommended by the Center For Disease Control (CDC). Any messaging to meeting participants will be done with confidentiality. The infected individual needs to inform his/her known close contacts.

Isolation and Quarantine

An infected individual must leave the meeting room and isolate in their home or hotel room for at least five days after the onset of symptoms or the day you tested positive (if you have no symptoms). Persons must be fever free for 24 hours and have improving symptoms to end isolation. You should take precaution through day 10 and wear a well fitted mask. You should not travel for a full 10 days after your symptoms started or the date your positive test was taken if you had no symptoms. Avoid being around others who are at high risk.

A person who is exposed to COVID-19 and is up to date on vaccinations, does not need to quarantine. Wear a mask around others for ten days and test at last five days after exposed. An exposed person not up to date on vaccinations must quarantine for five full days after exposure; wear a mask around others for ten days, and test at least five days after being exposed to COVID-19.

Whether up to date or not, if you test positive (at least 5 days after exposure), you should isolate for at least 5 days from the date of your positive test (if you do not have symptoms). If you do develop <u>COVID-19 symptoms</u>, isolate for at least 5 days from the date your symptoms.

Boards Support will assist staff and board members who need to isolate with the ability to participate remotely if they are well enough to do so. Meeting attendees who are known to be in isolation at Pikes Waterfront Lodge will be monitored by department and hotel staff. Boards Support will have thermometers and pulse-oximeters for persons to self-check temperatures and oxygen levels. Anyone showing signs of serious illness, need to contact the paramedics or go the emergency room.

Once Boards Support is notified of an infected attendee or a person identified as a close contact, the meeting may break to assess the level of exposure to participants, particularly board members and staff, so the need for participants to quarantine can be determined. A large number of board members or staff needing to quarantine will cause the meeting to stop for long durations, be postponed, or to continue remotely if possible.

Symptom Observation

Attendees are encouraged to carefully monitor their own well-being. If an individual is feeling any common cold/flu-like symptoms listed below, they should not attend the meeting in person unless fully vaccinated, and everyone should get tested at any of the local clinics or with a home test kit including fully vaccinated individuals. Common cold and flu-like symptoms associated with the SARS-CoV-2 virus include:

- Fever
- Headaches
- Runny nose
- Congestion
- Cough
- Sore throat
- New loss of taste or smell

- Chills
- Tiredness o fatigue
- Muscle or body aches / Generalize Malaise
- Nausea
- Vomiting
- Diarrhea

Emergency Warning Signs of COVID-19

- Shortness of breath or difficulty breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Pale, gray, or blue-colored skin, lips, or nail beds, depending on skin tone

Any attendees displaying any of the common symptoms may be asked to leave the meeting venue and view it online instead. Information about testing services is listed under Attachment 1. Participants can also contact the Fairbanks Public Health Center at (907) 452-1776.

Medical Facilities

There are several medical facilities in the Fairbanks area with varying capacities for treating, testing, and vaccinating for COVID-19. These facilities and available services are found in Attachment 1.

Transportation

Boards Support and hotel staff can provide transportation information and help with arrangements for individuals showing COVID-19 related symptoms. Any participants staying at the hotel needing medical attention will need to contact the paramedics.

Communication Plan

Through the meeting registration, contact information for all attendees will be collected by Boards Support as a means for immediate communication. Boards Support will use the contact information at several intervals. Prior to the meeting Boards Support will send registrants and individuals on the Board of Game subscription list, meeting updates including the posting of this mitigation plan. This communication will continue throughout the meeting if there are COVID-19 cases or related medical issues.

In addition to meeting notices sent out as needed, there will be signage throughout the building to serve as reminders and inform attendees on any updates or changes in process.

Definitions

<u>Exposure</u>: Contact with someone infected with SARS-CoV-2, the virus that causes COVID-19, in a way that increases the likelihood of getting infected with the virus.

<u>Close Contact</u>: **Close contacts** are someone who was less than 6 feet away from an infected person (laboratory-confirmed or a clinical diagnosis) for a cumulative total of 15 minutes or more over a 24-hour period. For example, three individual 5-minute exposures for a total of 15 minutes.

<u>Quarantine</u> is a strategy used to prevent transmission of COVID-19 by keeping people who have been in <u>close contact</u> with someone with COVID-19 apart from others. If you were exposed, stay away from others when you have been in close contact with someone who has COVID-19 unless up to date with vaccinations.

<u>Isolation</u> is used to separate people with confirmed or suspected COVID-19 from those without COVID-19. People who are in isolation should stay home until it's safe for them to be around others. At home, anyone sick or infected should separate from others, or wear a <u>well-fitting</u> <u>mask</u> when they need to be around others. Isolate when you are sick or when you have COVID-19, even if you don't have symptoms. People who are in isolation should stay home or in their hotel rooms until it's safe for them to be around others.

Attachment 1. Fairbanks Area Testing, Vaccination and Medical Facilities

COVID-19 TESTING, VACCINATION & MORE

Effective February 3, 2022.

Contact the site directly for hours and most current information



<u>dhss.alaska.gov</u>



<u>covidvax.alaska.gov</u>



Schedule your vaccination

Text your zip code to GetVax at 438829



Visit



Call the Alaska Vaccine hotline (907) 646-3322



Email covid19vaccine@alaska.gov

All about testing

Antigen Test:

A diagnostic test that detects specific proteins from the corona virus.

Molecular Test (includes NAAT and PCR):

A diagnostic test that detects bits of viral RNA from the corona virus.

Antibody/Serology Test:

Not used to diagnose current infection. This kind of test can indicate past infection.

COVID Exposure Tracking Tool:

Alaska COVID Exposure Notification Express (ENX) is a newly launched tool that allows your mobile phone to inform you of COVID exposures. It's free, anonymous and easy to use. Quicker notification of close contacts will allow people to take immediate steps to protect themselves and their communities.

Learn more at https://sites.google.com/alaska.edu/alaskaenx/ alaska-enx.

At-Home-Over-The-Counter Tests:

Beginning Jan. 15, 2022, most people with a health plan can purchase an at-home over-the-counter COVID-19 diagnostic test authorized by the U.S. Food and Drug Administration (FDA) at no cost, either through reimbursement or free of charge through their insurance. This applies whether you purchased your health plan on your own or whether you get health insurance through your job. Learn more at

https://www.cms.gov/how-to-get-your-at-home-OTC-COVID-19-test-for-free

CDC Testing overview

https://www.cdc.gov/coronavirus/2019ncov/testing/diagnostic-testing.html# who-should-get-tested



FNSB School District

COVID-19 information https://www.k12northstar.org/COVID



Free at-home COVID-19 tests:

You can now receive 4 free at-home COVID-19 tests per household by visiting the website below. Tests are completely free, no shipping costs and no need to enter a credit card number. Test kits are temperature sensitive and should not freeze. If shipping to your home, be sure to track when it will be delivered.

www.covidtests.gov