



Becoming an Outdoors-Woman

Fairbanks BOW BLITZ

Saturday, June 27th & Sunday, June 28th

Alaska Department of Fish & Game

1300 College Rd, Fairbanks, Alaska

Becoming an Outdoors-Woman classes focus on hands-on learning opportunities for outdoor skills. Blitz activities are balanced between hunting & shooting, fishing, and other outdoor activities. The classes are designed primarily for women who are at least 18-years-old.

This program is for you if....

- You have never tried one of these activities but have hoped for an opportunity to learn.
- You are a beginner who wants to improve your skills.
- You know how to do some of these activities but would like to try your hand at new ones.
- You enjoy the camaraderie of like-minded individuals.

Agenda

Saturday, June 27th

- 8:00 am - 8:30 am Check in
- 8:30 am Welcome & Intros
- 9:00 am - 12:00 pm Session I
 - Archery 101
 - Bear Safety
 - Big Game Hunting
 - Chainsaw 101
 - Firearm Safety
 - Fur Sewing Beaver Headbands
 - Intro to Rifle and Firearm Safety
 - River Fishing 101
- 12:00 pm - 1:00 pm Pizza Lunch
- 1:00 pm - 4:00 pm Session II
 - Archery 101
 - Backpacking 101
 - Bear Baiting 101
 - Chainsaw 101
 - Fly Fishing 101
 - Intro to Rifle and Firearm Safety
 - Plants of the Boreal Forest
- 4:00 pm-5:00 pm Sweet Treat Social

Sunday, June 28th

- 8:00 am - 8:30 am Check in
- 9:00 am - 12:00 pm Session III
 - Chainsaw 101
 - Gear Repair in the Field
 - Lake Fishing 101
 - Outdoor Photography
 - Plants of the Boreal Forest
 - Trapping 101
 - Wild Game and Fish Cooking
- 12:00 pm - 1:00 pm Picnic Lunch & Closing Remarks

Blitz Notes

- **Cancellation Policy: Read Carefully!** When you submit your registration form you are agreeing to these terms.
 - Cancellations made before Friday, June 19th will receive a full refund.
 - Cancellations made between June 20th and June 24th will be refunded 50% of the event fee.
 - Cancellations after June 24th will not be refunded unless your spot can be filled by the event coordinator.
- **Registration, Confirmation, & Payment Process:** Online registrations will be processed in the order received starting June 1st at 9:00am. You will receive an email confirming your spot with a payment link or that you are waitlisted within 72 hours of registering. There are 80 spots available. Payment is due by Friday, June 12th. **On June 17th** we will send you an email with your class list, a list of what to bring, and driving directions. ****Please note, your credit card statement will show a charge from the Outdoor Heritage Foundation of Alaska (OHFA).***
- **First Time Participants:** Our primary responsibility is to reach new people who want to learn outdoor skills. If you have attended a BOW Blitz in the past, you will be placed on a waitlist. Priority registration will also be given to participants in the Fairbanks/Denali/Delta areas.
- **Equipment:** All equipment will be provided unless otherwise noted in the course descriptions. **PLEASE DO NOT BRING PERSONAL FIREARMS, AMMUNITION, ARROWS, OR KNIVES.**
- **Fishing Licenses:** All fishing classes require a VALID 2026 ALASKA FISHING LICENSE. Purchase your license ahead of the Blitz and bring it with you. Licenses may be purchased online at: www.adfg.alaska.gov. Look on the right side of the page and select the box that says "Get Licenses, Tags and Selected Permits"; click there.
- **Medical Conditions:** If you have any medical conditions that may limit your ability to participate in these activities, or are pregnant, please consult your physician prior to registration.
- **Pets:** Pets are **NOT** permitted.
- **Smoking & Drinking:** Fish and Game is a smoke-and drug free facility. Alcohol is prohibited. Smoking and vaping are only permitted in designated locations.
- **Special Needs:** If you have any special needs, including dietary requirements or special needs that require assistance please indicate this on the registration form. We will try to accommodate your needs.
- **What to Bring:** Classes are held both indoors and outdoors and focus on hands-on learning. For your safety and comfort, it is important for you to bring appropriate clothing. Be prepared to dress in layers, including:
 - Rain Jackets
 - Hiking shoes or boots
 - Water proof items (in case of rain)
 - Preferred sunscreen and bug spray
- **Provided Meals:** We will be providing lunch on Saturday and Sunday. Lunch on Saturday will consist of pizza, salad, fruit, and cookies. Lunch on Sunday will be grilled sausages and food cooked by the wild game and fish cooking class. We will also have water and lemonade available. If you have strict dietary restrictions please bring your own food and join us for a picnic lunch.
- **Sweet Treat Social:** Join us Saturday after classes are finished for an extra hour and get to visit with your new friends! Desserts and beverages will be provided.
- **Event Fee:** \$125, this includes instruction in all sessions, program materials, equipment use, and lunch both days.
- **Event Funding:** The BOW Program is made possible by the cooperative efforts of the Alaska Department of Fish & Game (ADF&G) and their official foundation the Outdoor Heritage Foundation of Alaska (OHFA). OHFA is a nonprofit organization dedicated to education in hunting and fishing. OHFA is supported by donations from individuals, companies, and organizations with an interest in sharing their enthusiasm for outdoor activities. www.ohfak.org

Class Descriptions

Archery: How do you hold a bow? What is a nock? Can you really hit that target? Participants will shoot Genesis, compound, and recurve bows successfully after learning about archery equipment and proper techniques. Class is held outdoors.

Backpacking 101: This course will help you feel comfortable extending beyond day hiking to overnight, backcountry adventures. Class will cover trip planning, gear that is suited for your body and Alaska, food that's lightweight and fuels you through the miles, basic safety, and cool trip ideas. You'll have the opportunity to try out different types of equipment; practice loading, adjusting and hiking with a backpack. Learn how to pick and set up your campsite. Class is held outdoors. ☞

Bear Baiting: Learn the essentials of bear baiting in Interior Alaska with a fast-paced, practical session designed to get you fully prepared for the season. We'll cover current regulations, must-have materials, smart spot selection, and the basics of field dressing and meat care in Alaska's unique conditions. Whether you're just starting out or refining your setup, you'll walk away confident and ready for the field. Class is held indoors.

Bear Safety: Learn to recognize bear signs and their significance, and how to avoid bear encounters. Additional topics will include bear behavior, defense techniques and deterrents, as well as information about Alaska's Defense of Life and Property law. Class is held indoors.

Big Game Hunting: Interested in hunting big game in Alaska but not sure how to start? This class will cover the basics of firearm and cartridge selection, how to sight in your rifle, shot placement and game anatomy, gear selection, and hunt preparation. This class will also explain Alaska Hunting Regulations and how to apply for Draw Tags. Class is held indoors.

Chainsaw 101: Learn about chainsaws, safety equipment, and proper techniques needed to safely operate a chainsaw. Learn basic chainsaw maintenance, how to limb trees, cut logs, and stack firewood. Class is held outdoors. Ability to walk 10 mins to outdoor class location required.

Fly Fishing 101: Introduction to the fundamentals of fly fishing, feeding habits of freshwater fish, how a fly rod works, knots and rigging, fly selection, landing fish, regulations and essentials of the cast. Oh-and fishing! Class is held outdoors. A current Alaska Fishing License is required and must be purchased prior to this event. ☞

Fur Sewing Beaver Headbands: A time honored craft! Learn how to make a headband out of beaver fur that is guaranteed to help keep you warm next winter. Class instruction includes how to prepare, cut, and sew fur. There is an additional cost (50.00) associated with this class. Class is held indoors.

Gear Repair in the Field: Introduction to emergency repair of clothing and soft gear in the field. Learn how one might prevent needing emergency repairs in the first place, how to make up an easily carried personal emergency repair kit for

situations that do arise, and how to make those repairs in the field. Class is held indoors.

Intro to Rifle & Firearm Safety: Learn about firearm safety, the parts and safe operation of a bolt-action rifle, ammunition components, and basic marksmanship skills! We will be shooting at an indoor range – those pregnant or breast feeding should consult with their physician due to potential exposure to lead. Class is held indoors.

Lake Fishing 101: For those interested in checking out your nearby lakes! Learn to use an open-faced spinning reel, selecting appropriate lures, rigging up, casting, catching and releasing fish, regulations and fishing! Class is held outdoors. A current Alaska Fishing license is required and must be purchased prior to this event. ☞

Outdoor Photography: Alaska's wild landscapes and endless light provide the perfect backdrop for unforgettable images. Our instructors will guide you through practical, hands-on techniques for capturing wildlife, scenery, portraits, and outdoor adventure photography. Learn camera basics, composition, lighting, and creative tips while exploring local natural settings. Bring your camera or smartphone and be ready to shoot in all kinds of conditions. Class will be held indoors and outdoors. ☞

Plants of the Boreal Forest: Vegetation is the most visible part of our environment. Learn to identify the plants that surround you every day. Learn the major trees, shrubs, and ground cover plants of the boreal forest. We will also discuss their relationship to wildlife habitat, edibility, and other uses as well. Be prepared to spend several hours hiking through varied terrain and habitat. Ability to walk for 10-15 minutes at a time required. Class is held outdoors. ☞ ☞

River Fishing 101: Alaska is home to many rivers. Learn the techniques needed to fish moving water including: overview of gear and tackle set ups, fishing for arctic grayling, catch and release, regulations, and more! Class is held outdoors. A current Alaska Fishing License is required and must be purchased prior to this event. ☞

Trapping 101: Gain an understanding of fur trapping in Alaska. Learn how to identify the common species of fur bearers, recognize tracks, and understand different types of trapping methods to target specific species of animals. Class is held indoors and outdoors.

Wild Game and Fish Cooking—You have collected your bounty of delicious Alaskan wild fish and game, but you don't know what to cook for dinner. Let our instructors inspire you with practical, affordable, healthy delights. Share recipes for cooking game birds, seafood, big game, and other local fare. Tasting required! This class will be held indoors and outdoors.

☞ This class may require up to 1 mile of walking over uneven ground.

☞ This class is off site and participants will need to drive to an alternative location.