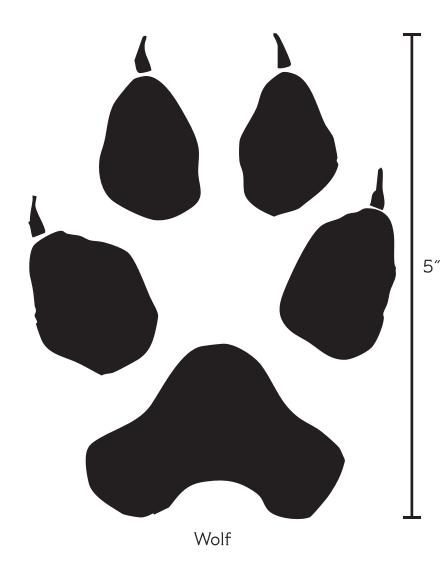
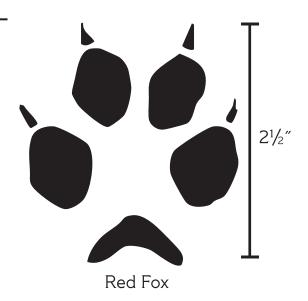
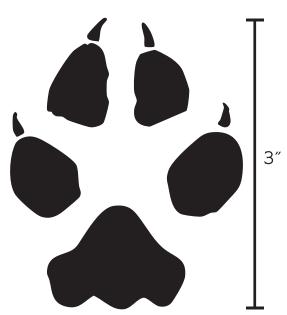
# Tracks of Alaska Animals

A Guide for Educators







Coyote



Alaska Department of Fish and Game Division of Wildlife Conservation © 2025

# Tracks of Alaska Animals

# A Guide for Educators

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# Tracks of Alaska Animals

# A Guide for Educators

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# 1. Introduction

#### Tracks as teaching tools

Studying animal tracks is one way to engage students in learning about wildlife and natural ecosystems. Following the tracks of animals, or tracking, sparks students' curiosity in their surroundings, and fosters an appreciation for nature and the outdoors. Tracking requires students to know the wildlife within the habitat around them, look and listen for signs, and refine their observation skills. The art of tracking contributes to a sense of place, biological research, hunting, and outdoor safety.

This guide accompanies the Wildlife Tracks Kit which provides educators with information and activities to teach students the basics of tracking. The Tracks Kit is available at various Alaska Department of Fish and Game offices around the state. Together this guide and kit will help you introduce students to track reading and identification.

#### Place-based and STEAM learning

These lessons provide foundational knowledge for students to explore the natural world and prepare them to better understand and interpret outdoor observations. The "Tracks of Alaska Animals" emphasizes place-based learning, as well as STEAM (science, technology, engineering, art, and math) lessons. These activities are multidisciplinary by integrating science, math, art, reading, and writing.

While relative grade level targets are provided, all activities are adaptable to different ages and grade levels. Each activity lists target grade level, duration, science standards addressed, objectives, materials, and procedures.

#### Handle with care

The kit contains a collection of latex animal tracks that are durable but should be handled gently. Replacement of tracks is difficult and expensive.

#### Enjoy!

We hope you and your students enjoy learning about tracks of Alaskan animals. If you have questions, suggestions, or want to share student work, please contact the ADF&G Wildlife Education Program. Discover many more teaching resources about wildlife at:

#### education.adfg.alaska.gov



Scan here for educational resources.



# 2. About Tracks

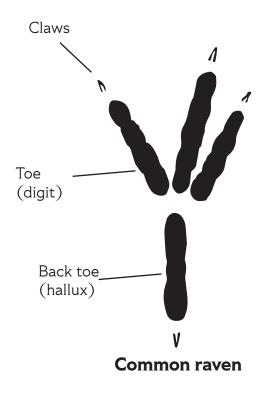
Tracks and trails tell stories of an animal's past. Learning to read and identify tracks is a skill learned over time with a lot of practice. Track identification is useful for hunting, research and monitoring, environmental education, and just to enjoy the outdoors. To learn to track, you must be curious!

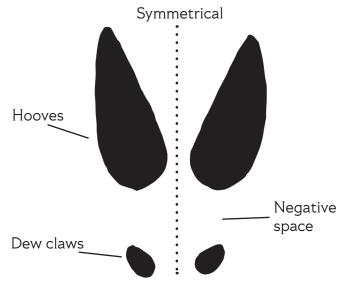
Tracking has been likened developmentally to reading. Reading requires learning letters, then putting those letters together to form words, combining words to make sentences, which coalesce into paragraphs, and ultimately, a story.

By observing the characteristics of a track, the identity of the animal it belongs to emerges. In situations where multiple tracks exist, examining the track pattern and trail provides clues to reveal the story of what happened in a particular area.

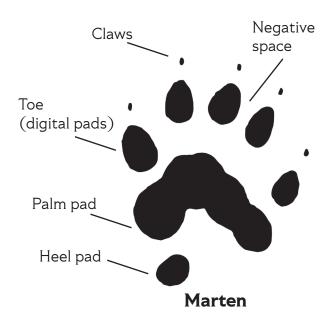
#### Track characteristics

- size, shape, and symmetry
- toes, toe pads, nails or claws, and negative space
- palm pads and heel pads





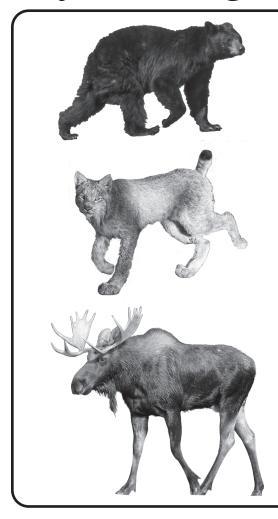
Sitka black-tailed deer



# Parts of a track help to identify species and behaviors

Footprint	A footprint is the outline and physical impression of an animal foot on the ground, consisting of the toes, pads, and claws. Size, shape, and symmetry help distinguish different species.
Toes	Toes are individual digits. The number of toes, spacing, and arrangement provides information about what species left the track. The negative space — or space between the toes, pads or palm pads — is also significant.
Pads	Pads are the fleshy portion at the base of a track below the toes.
Claws	Most animals show claws in their tracks, but some do not. For example, members of the cat family have retracted claws, which don't normally show, while members of the dog family typically do show claws in their tracks.
Stride	Stride is measured from the heel of one foot to the heel of the same foot on its next landing.
Gait	Gait is the way an animal moves and is determined by the pattern of footfalls and the sequence in which the feet touch the ground.
Track pattern	Track pattern is the arrangement of multiple tracks left by an animal in a sequence as it moves. Track patterns indicate what gait the animal was using.

# Ways of walking



#### Plantigrade

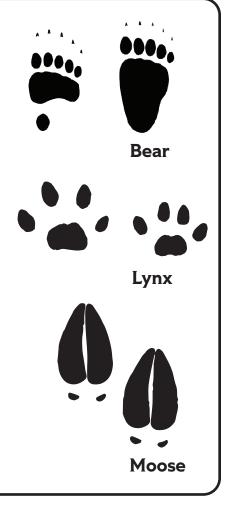
Walking with the heel on the ground. Heavy back ended animals such as humans, bears, and beavers walk this way.

# Digitigrade

Walking on the toes (digits). This increases the length of the leg and allows the animal to move faster. Dogs and cats walk like this.

## Unguligrade

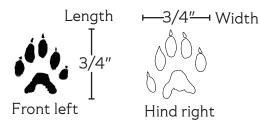
Walking on the toe nails. Hooved animals like moose and caribou walk this way.

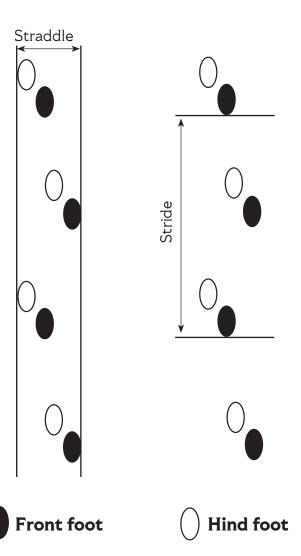


# How should tracks be measured?

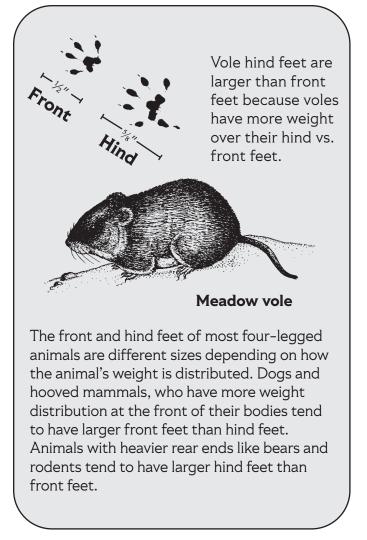
- 1. **Length:** measure the vertical length of an individual track.
- 2. **Width:** measure the widest part of the individual track perpendicular to the length.
- 3. **Stride:** measure the track pattern from the heel of the right foot to the heel of the right foot the next time it lands.
- 4. **Straddle:** measure the trail width across a group of tracks.

#### **Ermine tracks**





# Front vs. hind



# Gaits and track patterns

Front foot



These are the most common, basic gaits and resulting track patterns used by animals. Any animal can use any gait, but animals typically have a couple of gaits that they use most often. For example, a fox normally uses a direct register trot or a side trot, but they also walk and gallop depending on the circumstances.

#### Walk- direct register

Hind foot lands directly where the front foot landed. Even space between each track.

#### Walk- overstep

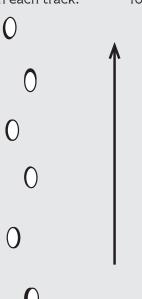
Hind foot lands beyond where the front foot landed. Common gait for bears.

#### **Trot**

Faster than a walk with a longer stride length. Can be direct register or overstep.

#### **Side Trot**

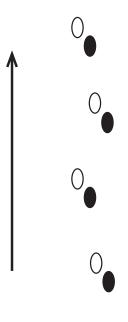
The hind foot lands ahead of the front foot always on the same side.











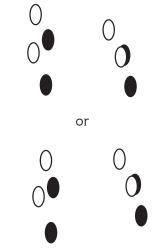
#### Lope-2x2

The two hind feet land in the same tracks as the front feet. Especially used in the snow by weasels and voles.



#### Lope-3x4

The two tracks in the middle of the pattern will either be a front and hind landing next to each other or the hind landing on top of a front.



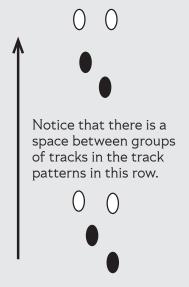
#### Gallop

The two hind feet land ahead of where the two front feet landed but not at the same time. The fastest gait.



#### Bound

The two hind feet land at the same time, ahead of where the front feet landed.



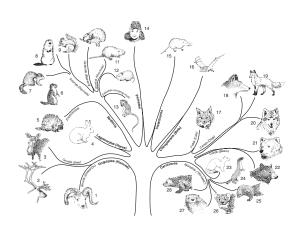


# 3. Track Families

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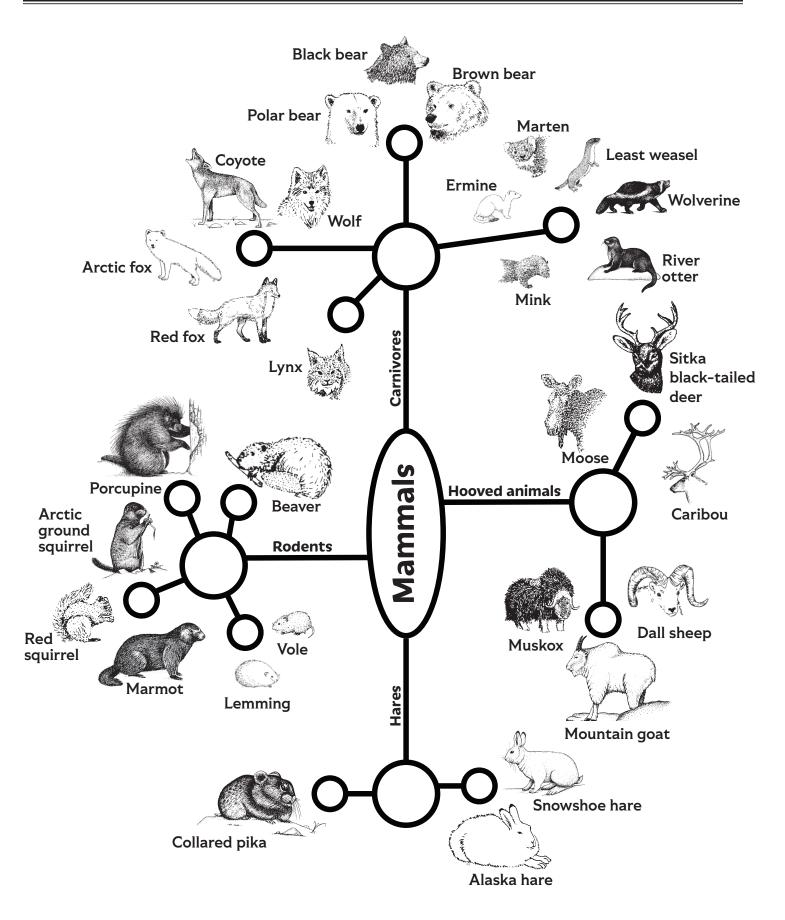
Track characteristics are shared by members of similar species. Understanding these similarities and differences helps to distinguish and identify tracks. The following pages represent similarities between common mammals and birds found in Alaska. These should not be confused with a true family tree. For more information about family trees:

see pg. 31 in Skulls of Alaskan Mammals: A Teacher's Guide.





# **Mammals**



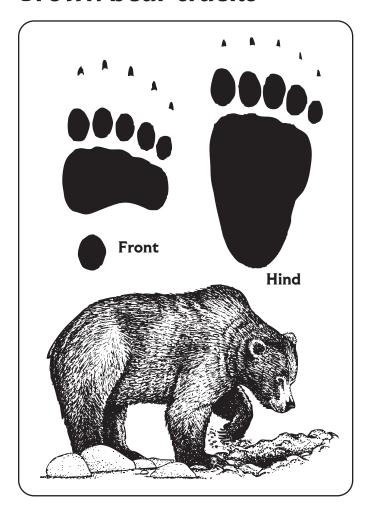
# **Bears**

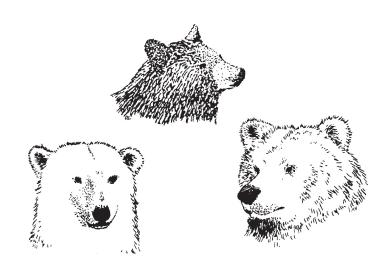
Bears have five toes on the front and hind feet. They have strong, non-retracted claws that usually show up in the tracks but sometimes do not (especially with black bear tracks). The front and hind feet of bears are very different from each other. The front feet have a wide rectangular shaped palm pad. Sometimes a small, disconnected, round "heel pad" will show up in the front track as well.

The rear track has a full heel pad connected to the palm pad and looks like a human foot. However, the smallest toes on bear feet are on the inside of the track. This is opposite of human feet where the smallest toe is on the outside of the foot.

Bears typically walk in an overstep walk for normal activity, although they will also lope and gallop depending on their motivations.

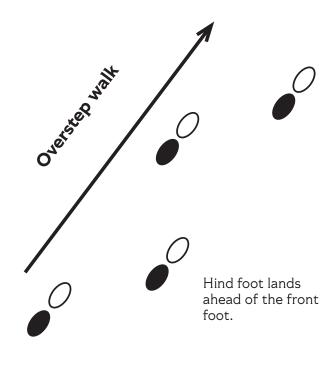
#### **Brown bear tracks**





# **Track characteristics**

Number of toes on front foot 5
Number of toes on rear foot 5
Do claws show? Yes
Is the track symmetrical? No
Typical gait Overstep walk



# Dogs

Canines have four toes on the front feet and four toes on the hind feet. They have non-retracted claws and claw marks usually show up in the tracks. The toes in canine tracks are generally oval-shaped (longer than wide) and they have a relatively small (compared to the entire track) triangular-shaped heel pad (except red fox, which have a bar-shaped heel pad on front feet). The overall shape of canine tracks is oval. The hind and front feet are similar in appearance but the front tracks are larger than the hinds. Most canine tracks will show an obvious X shape in the space between the toes and palm pad.

The normal gait for canines is a trot or a side trot, but they also use lopes and gallops depending on their activity and motivations.

# **Track characteristics**

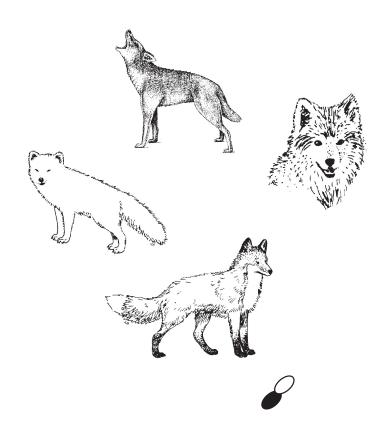
Number of toes on front foot 4

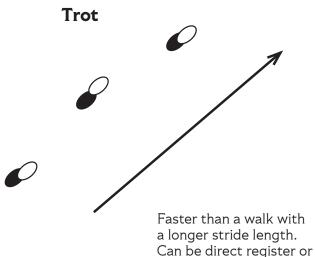
Number of toes on rear foot 4

Do claws show? Yes, usually

Is the track symmetrical? Yes

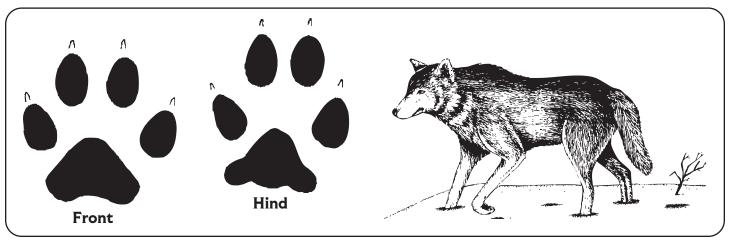
Typical gait Trot or side trot





overstep.

# **Wolf tracks**

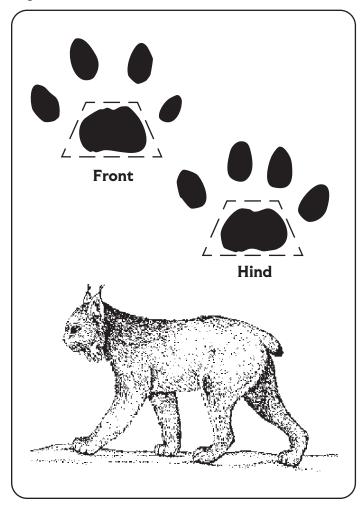


# Cats

Cats have overall round-shaped tracks (as wide as long). They have four teardrop-shaped toes on the front and hind tracks and the natural state of their claws is retracted, so claw marks usually don't show up in the tracks (although they sometimes do). The palm pad of felines is large and accounts for a significant portion of the track (except for lynx which have small pads). The palm pad is trapezoidal with two lobes on the front of the pad and three lobes on the rear of the pad. The tracks are mostly symmetrical, however there is a "leading toe" in feline tracks — this means that one of the two center toes is more forward than the one next to it.

A cat's normal gait is generally a walk, but they will gallop when chasing prey or escaping danger.

# Lynx tracks





# **Track characteristics**

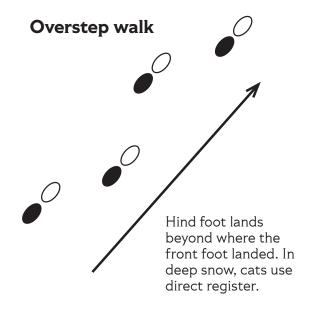
Number of toes on front foot 4

Number of toes on rear foot 4

Do claws show? Not usually

Is the track symmetrical? Almost

Typical gait Overstep walk



# **Mustelids**

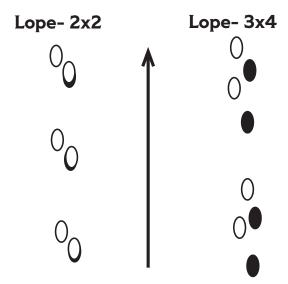
Members of the mustelid family have five toes on their front and hind feet in an asymmetrical pattern. Sometimes the small, inner toe may not show up in the track. The tracks usually show claw marks. The palm pad of mustelids has an irregular shape and appears "lumpy" because it is made up of smaller pads that are connected.

The normal gait for most mustelids is a 3x4 lope on hard ground (where either 3 or 4 tracks are visible) and a 2x2 lope in the snow. They also walk.

Sea otters have distinct and specialized feet that differ from other mustelids.

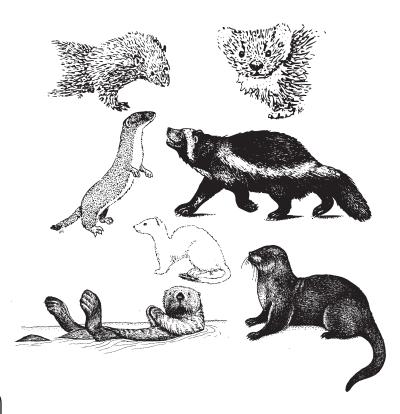
# **Track characteristics**

Number of toes on front foot	5	
Number of toes on rear foot	5	
Do claws show?	Yes	
Is the track symmetrical?	No	
Typical gait	Lope	

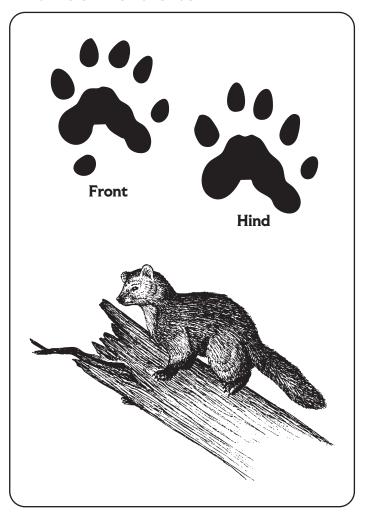


The two hind feet land in the same tracks as the front feet. Especially used in the snow by weasels and voles.

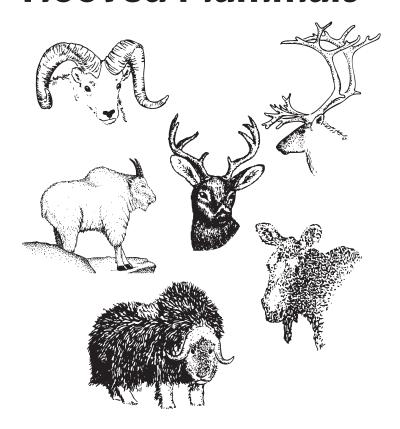
The two tracks in the middle of the pattern will either be a front and hind landing next to each other or the hind landing on top of a front.



#### **Marten tracks**



# **Hooved Mammals**



**Track characteristics** 

Number of toes on front foot 2

Number of toes on rear foot 2

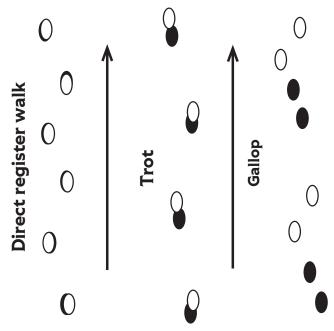
Do claws show? No

Is the track symmetrical? Yes

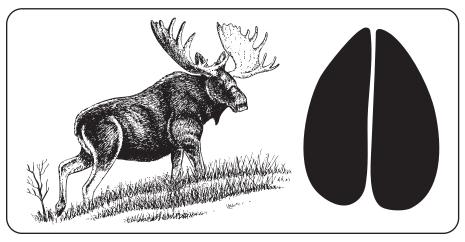
Typical gait Walk, trot, or gallop

Hooved animals do not have toe pads like other mammals. They have hard hooves, which are equivalent to toenails. As a result, hooved animals are literally walking on their toenails. Each hoof represents a toe, and all of Alaska's wild hooved animals have two large toes (hooves) on each foot and two reduced toes called dew claws, which are higher on the back side of the leg. The front hooves and the hind hooves are similar, though the front hooves are larger than the hind in most animals.

Walking is the normal gait for hooved animals, but they may also trot and gallop depending on the circumstances.



#### **Moose tracks**





**Dew Claws** are short, reduced toes higher up on a hooved mammal leg that may show up in tracks made in mud, snow, or if the animal is moving fast.

# Rodents

Rodents show tracks with five toes on the hind feet and four on the front feet. In general, the front feet and the hind feet are very different in appearance (except for porcupine) with the front feet looking hand-like without a heel, and the hind feet showing a full heel. The three center toes of the hind feet are also parallel to each other which is a very good clue to identifying rodent tracks that are not showing up clearly.

There is a wide variety of rodents, from tiny voles to larger beavers. Larger, wide-bodied rodents (porcupine, marmot) generally walk as their normal gait, but they may also trot and lope if threatened. Smaller rodents such as squirrels bound. Voles normally trot but when they are moving in snow, they bound.

# **Track characteristics**

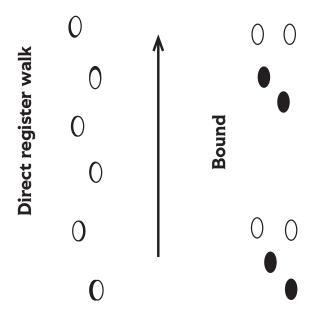
Number of toes on front foot 4

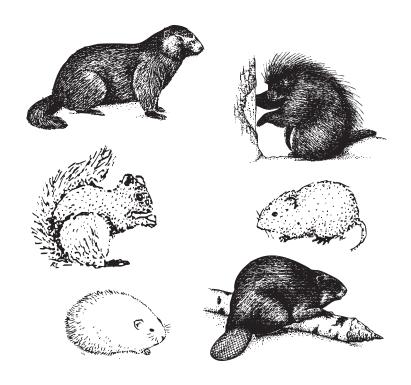
Number of toes on rear foot 5

Do claws show? Yes

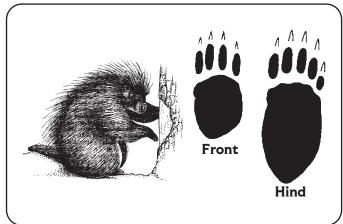
Is the track symmetrical? No

Typical gait walk or bound

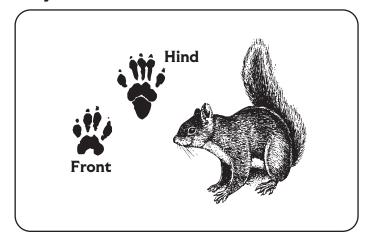




# **Porcupine tracks**



# **Squirrel tracks**



# **Hares and Pikas**

Hares and pikas have five toes on the front feet (although the small inner toe is reduced and normally doesn't show up in the tracks), and four toes on the hind feet.

In hares, the hind feet are much larger than the front feet and normally show a heel.

The most common gait for hares and pikas is a bound in which the hind feet land in front of the tracks left by the front feet.

# Track characteristics

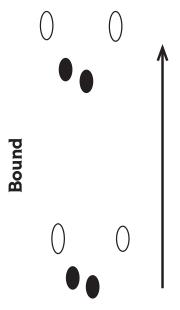
Number of toes on front foot 4

Number of toes on rear foot 4

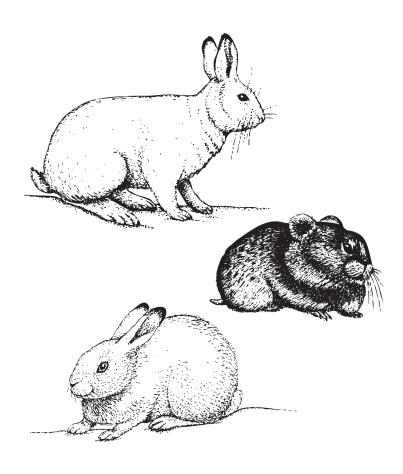
Do claws show? sometimes

Is the track symmetrical? No

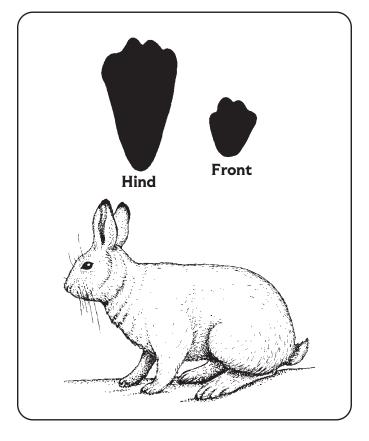
Typical gait bound



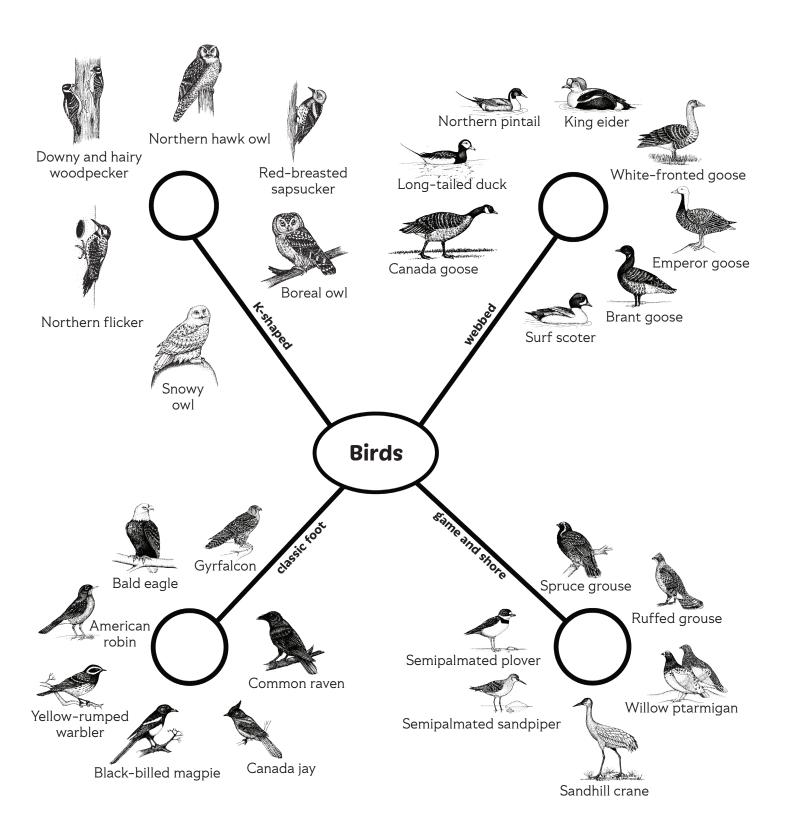
The two hind feet land at the same time, ahead of where the front feet landed.



## Hare tracks



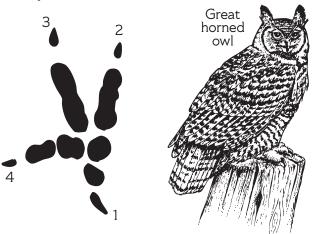
# **Birds**



# **Birds**

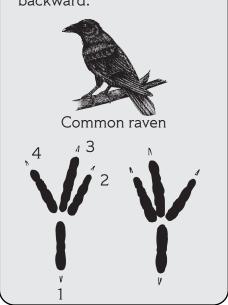
In general, birds have four toes that come in a variety of configurations, radiating out from a small palm. Some have a rear toe, or hallux, that is long and some have a hallux that is short and may not show up in the tracks. Some toes are webbed, some are not. Birds walk, skip, or hop.

The toes on bird tracks are numbered 1 to 4, beginning on the hallux and moving in a counter clockwise fashion. Bird tracks can be grouped into four categories based on their overall shape: classic, game and shore, webbed and k-shaped.



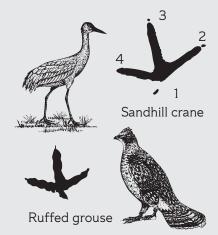
# Classic foot

Classic perching birds leave classic tracks - the most common - with toes 2, 3, 4 pointing forward, and a long hallux pointing backward.



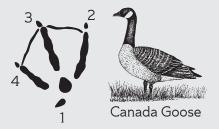
## Game and shore

Upland game and wading shorebirds leave tracks with three toes pointing forward (2-4) and one hallux that is reduced or absent. This group includes grouse, ptarmigan, cranes, sandpipers, oystercatchers, and others.



# Webbed foot

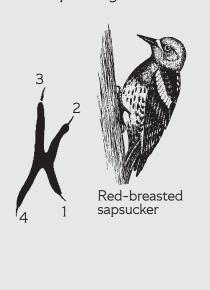
Webbed footed birds generally have a small or absent hallux and have the two outer toes (2 and 4) connected to the center toe (3) by webbing.



Some webbed footed birds have a larger hallux that is connected with webbing. This structure is called the *totipalmate*. Example birds in this group are cormorants and pelicans.

# K-shaped

Woodpeckers, owls and ospreys leave k-shaped tracks. These tracks feature toes 2 and 3 pointing forward, and toes 1 and 4 pointing backward.



# 4. Activities

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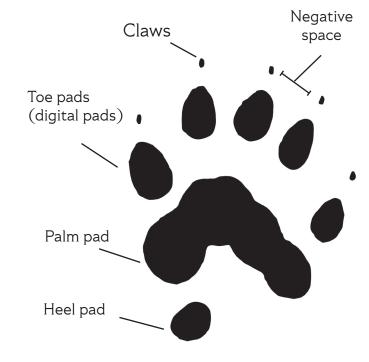


# A. Parts of a track

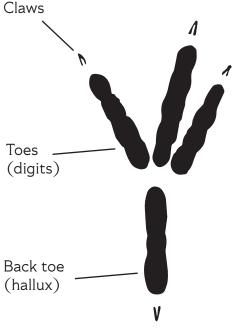
Knowing the parts of a track is important for learning the identifying features and describing tracks to other people.

Study the parts of a track. Then discuss and describe them to others.

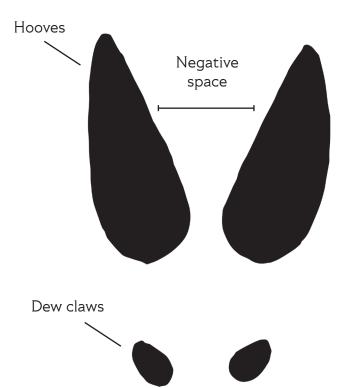
Each animal has different shaped toe pads, palm pads, claws, space between pads, shape of hooves, and so on. Pay careful attention to details to differentiate between animals with similar tracks.



Marten, front left

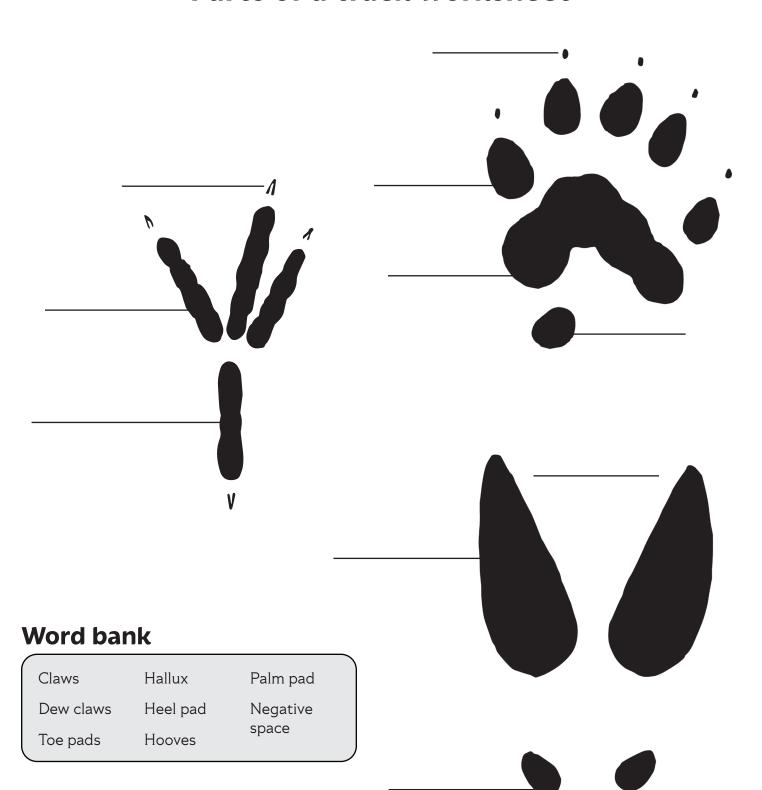


Common raven, front left



Sitka black-tailed deer hoof

# Parts of a track worksheet



# **B.** Animal track match



# **Objectives**

Students will be able to match animal pictures with their corresponding latex tracks.

#### **Methods**

Students use their observation skills and track knowledge to correctly identify animals and their tracks.

# **Background**

This is a 'warm up' activity to assess students' current knowledge and their ability to use a guide to identify unknown objects. Identifying and matching the tracks will guide the students to start looking at track size, shape of the pads, number of toes, and other important characteristics.

#### **Animal track match**

**Grade Level:** K-12

Subjects: Science, biology

Skills: Comparing, identifying, classifying,

observing

**Duration:** 20 minutes **Group Size:** up to 20

**Setting:** Indoors or outdoors **Vocabulary:** Tracks, gait

## **Materials**

- Alaska animal track cards or other quality track reference materials
- Latex tracks
- · Pictures of Alaska animals
- · Life size track canvases

#### **Procedures**

- 1. With latex tracks Place pictures of all the animals that you have latex tracks for on tables. Provide the students with an Alaska Animals Track card, and then randomly distribute latex tracks to the students. Have the students research their animal using the track card or other track reference materials and then place their picture next to the track belonging to their animal.
- 2. With track canvases If you have track canvases with life size track silhouettes on them, lay these on the ground. Provide students with pictures of animals and an Alaska Animal Track card. Using the track card, have the students examine their animal and then place the picture of their animal on the corresponding life size tracks on the canvas

#### **Evaluation**

Observe how many tracks and animals students correctly matched.

# C. Life-size track guide



# **Objectives**

Students will create a life-size track guide of Alaska animal tracks.

#### **Methods**

Students are provided with individual, life-size track stencils of animal tracks (Tracks by Steve stencils in the kit). They use these stencils to trace (or create a crayon rubbing) of the animals front and hind foot on a track guide sheet (attached to this lesson) and then write down data about the track characteristics. They assemble all the sheets into a track field guide.

# Background

Learning to identify tracks from books and measurements is good for building foundational knowledge. However, translating book knowledge and measurement to real life observation can be a challenge. Particularly, if students can't spend a lot of time outdoors observing the tracks of all animals. By creating a life-size track guide, students will associate various animal tracks with their real size and learn their characteristics. This will help them to identify tracks in the field.

In addition to the size of the tracks, the track worksheet will encourage students to make keen observations about other characteristics such as the number of toes, the claws, the shape of the pads, etc.

# Life-size track guide

**Grade Level:** K-12

**Subjects:** Science, biology, art **Skills:** Observing, documenting,

identifying, measuring **Duration:** 60 minutes **Group Size:** Individual

**Setting:** Indoors

**Vocabulary:** Animal names, tracks, toe pads, claws, hooves, shape, symmetry

#### **Materials**

- Track stencils
- Ruler
- Track stencil worksheets (8.5 x 11" paper)
- Pens, markers, or crayons
- Some type of method to bind the sheets together into a book (staples, binder, notebook)

#### **Procedures**

Provide students with track stencils. If there are not enough track stencils for each student to have a set, you can leave the stencils in the front of the class and have students rotate through the stencils as they complete each one.

Have the students lay the stencil on top of their track stencil worksheet, trace the individual tracks of the animal, then fill them in with color – usually, this stenciling will include a front foot and a hind foot. Another method is to place the sheet on top of the track stencil and use a paperless crayon held flat against the paper to rub over the track to emboss the track onto the paper.

#### **Evaluation**

Examine the students' track stencil worksheets, which will make up their guide. Did they include all the animals that were available? Did they measure the tracks and fill out all the questions on the track stencil worksheet? Show some of the unlabeled track stencil drawings and ask the students to identify the animal.

# Life-sized track guide

Name \_\_\_\_\_

Front or hind foot? (circle one)

- 1. How many toes? \_\_\_\_\_
- 2. Are toes like fingers, hooves, or pads?
- 3. Is the heel pad: one or multiple pads?

- 4. Claw marks? Yes or No
- 5. Webbing? Yes or No
- 6. How large is the track?

\_\_\_\_\_inches long

# D. Gaits and track patterns



# **Objectives**

Students will be able to name three types of animal gaits and recognize the subsequent track pattern left by an animal using each gait.

#### **Methods**

Students use the animal gait track stencils (Tracks by Steve stencils in the kit) to create a trail (set of tracks) on a length of rolled out butcher paper (or similar material).

# **Gaits and track patterns**

**Grade Level:** 6-12 **Subjects:** Biology

Skills: Observing, interpreting

**Duration:** 60 minutes

**Group Size:** 2-3 students per group

**Setting:** Indoors

Vocabulary: Tracks, track pattern, animal

gait, stride

# Background

Understanding animal gaits and track patterns is another level of learning after track identification. Understanding gaits and track patterns allows a student to interpret behavior and formulate a story of an animal's behavior.

#### **Materials**

- Animal gait information from the teacher guide
- Animal gait track stencils
- Roll of butcher or construction paper or similar material
- Markers, water soluble paint, sponges, and brushes

#### **Procedure**

Students pick an animal from the set of stencils available, research their animal, and determine how that animal usually moves (what gait it employs). Following the instructions on the stencil, students create a trail of track patterns left behind by the animal. They may use big markers, crayons, water-soluble paints, etc.

## **Evaluation**

The instructor may evaluate this lesson by quizzing the students about their track pattern sheet. Each group can show their sheet for the rest of the class to determine what animal it is and what gait it is using. Some questions might include:

- · What is the gait on this sheet?
- $\cdot$  What group(s) of animals use this gait?
- · What is the stride length of this animal?

#### **EXTENSION** (create your own track canvas)

Instead of butcher paper, draw or paint lifesize track patterns onto large-scale, durable canvas fabric. Life-size tracks allow learners to understand the true size of tracks rather than relying on small field guides or cards with scaled down images and recorded measurements.

With a track canvas, students can see the track pattern that an animal is likely to leave on the ground or in the snow, using its most common gait.

While creating track canvases requires effort and time, they are effective learning tools with a long life-span.

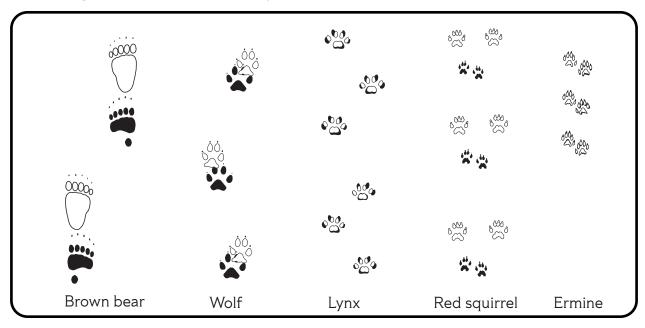
#### **Materials**

- Large painter's canvas
- Tracks stencils (in track kit)
- Jumbo permanent markers or paint markers.

#### **Procedure**

- 1. Lay out the painter's canvas on the floor. If you are using paint markers or paint, make sure you lay a tarp down on the floor underneath the canvas in case there is a leak-through.
- 2. Take a track stencil and lay it on the bottom of the track canvas. Outline the feet of the track stencil onto the track canvas with a permanent marker. Follow the instructions on the track stencil to make the next track/set of tracks to create a track pattern. Continue this until you

- get to the top and run out of canvas.
- 3. Fill in the track outlines with jumbo permanent markers or paint. Let dry completely before folding up the canvas.
- 4. You can label the animal, but do it discreetly on the underside of the hem where you start the tracks so that it is not visible. This will allow you to use the canvas for questions without having the answer show.
- 5. Continue adding track patterns for a variety of Alaskan mammals until you run out of room. For comparison purposes, you can group the animals into "track groups" or "gait groups" such as weasels, canines, felines, hooved animals, bears, etc.
- 6. You may make individual canvases for each animal to utilize for the next activity, "Walk like a...hop like a..." Differentiate between front and hind feet by using different colors so students know where to place their hands and feet when following the pattern.
- 7. Alternatively, create a scene around a pond or stream with animals that would likely be in the area, and use this as an assessment tool at the end of a track lesson. Ask questions such as "what animal left this track," "what was this animal doing," "how was it moving," "which animal came first," and so on.



# E. Walk like a ... hop like a ...



# **Objectives**

At the end of this activity, students will know the different gaits animals use to move and will understand the similarities and differences between how humans and animals move.

#### Methods

By following the footfalls of various mammals and mimicking their stride and gait, students will learn how different animals move and how "walking like a \_\_\_\_\_" may help them identify tracks left by these animals in their habitats.

# Background

There are distinct gaits that various species use most of the time. Hence, it is useful to group the animals by their common gaits and resulting track patterns.

Four basic patterns exist that help to categorize tracks left behind by mammals. These are:
1) Walking 2) Trotting 3) Loping and 4)
Bounding. The following pages show these patterns along with general examples of the animals that use each.

# Walk like a ..., hop like a ...

**Grade Level: K-6** 

**Subjects:** Physical education, biology **Skills:** Observing, hand-eye coordination

**Duration:** 30 minutes **Group Size:** Up to 20

Setting: Indoors or outdoors

Vocabulary: Gait, lope, pace, bound, trot

#### **Materials**

Track canvases

OR

• "Front" and "Hind" circles

#### **Procedures**

Lay the track canvases out on a carpeted surface or secure the canvas to the ground with light duty tape if the flooring is slick. Alternatively, place the circle markers in the track pattern students should follow. Have students remove their shoes (keep socks on). Students will form two lines and take turns "hopping" like a hare or "walking" like a bear. The goal is for students to put their hands and feet in the corresponding "front" and "hind" paw prints of the hare and the bear.

Ask students how would these patterns change as animals speed up or slow down their pace?

Allow students to practice as many times as possible. Feel free to challenge those who master the gait to complete the canvas at a slow, medium, and fast pace.

#### **Evaluation**

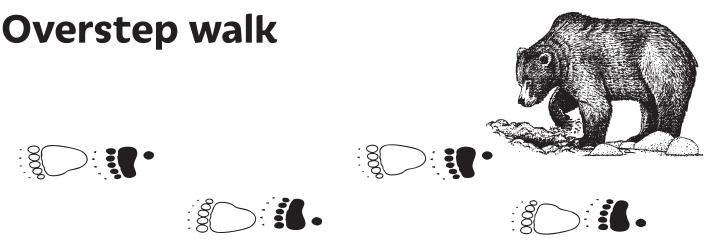
Break students into groups and assign each group a gait to practice and perfect. Have the students in each group demonstrate their gait in front of the rest of the class. Students can even pretend to be a certain animal performing that particular gait. The class should recognize the gait being demonstrated if the student performing the gait is doing so correctly.

# Direct register walk

Example: lynx, deer, bear, porcupine, beaver, muskrat

Some mammals, such as a lynx, typically use the direct register walk in deep snow. In direct register walks, the back foot will land where the front paw previously was. When a lynx walks, it moves slowly and smoothly as if it's gliding.

Get on all fours and pretend you are a fierce lynx, slowly and quietly moving through the snow to detect a snowshoe hare. **Move one foot at a time,** beginning with your front left foot and then moving your back left foot to land where the front paw just stood. Do the same on the right side and repeat the pattern like a cycling motion down the path. While walking, keep your body low to the ground and your head level with your back. See an example of the direct register walk at minute 3:25 in the video by Steve Leckman provided on page 32 of this guide.



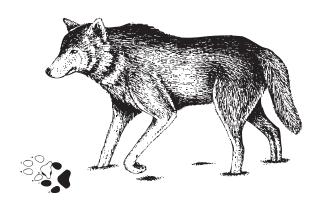
Example: lynx, deer, bear, porcupine, beaver, muskrat

The overstep walk, pictured above, is typical of bears and is characterized by the hind foot landing beyond where the front foot just landed.

Get on all fours and imagine you are a bear with four big, padded feet. Move your **left hand** and **left foot** forward. Your left foot will land slightly in front of where your left paw previously stood, and finishes the step slightly before your left front paw lands in its new place. Next, perform these motions on the right side of your body and steadily continue the full pattern down the path. Take your bear impression to the next level by stopping to sniff around for food, or standing up on your back legs to get a better look at something that sparks your curiosity! See an example of the overstep walk at minute 4:00 in the video by Steve Leckman provided on page 32.

# **Trot**





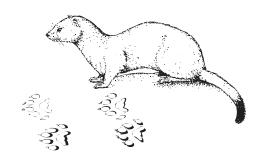
**Example:** wolf, mountain goat, moose, vole

Trotting is faster than a walk. Because of the faster speed, the track pattern is longer than a walk and the trail width can be more narrow. During trots, the diagonal legs move together, instead of limbs on the same side of the body moving together. While trotting, the animal is briefly airborne and seems to bounce. Like walking, trotting can be direct register or overstep. Think of a bicycle. When going slow there is more wobble — when going fast the tires get in line and go straight.

Imagine you are a wolf with four long legs that help you move quickly and gracefully. Hold yourself up on all four limbs. Lift your **Front left arm** and **back right leg** at the same time and begin moving forward. Then lift your front right arm and back left leg and move forward. Speed up as you get comfortable and notice how your body bounces while moving your legs in this criss-cross pattern. As for where your feet land, the rear-right foot lands close but diagonal of where the front-right foot was a moment earlier. Watch an example of a trot at timestamp 1:45 in the video by Steve Leckman on page 32.

# 2x2 lope





**Example:** ermine, fisher, mink, marten, short-tail weasel, voles in the snow

Loping is a faster gait than a trot. When moving, lopers tend to look like an airborne inch worm as their body hunches together and then elongates in quick successions. The front two feet land first, each foot independent of the other. Then, the rear two feet land, each paw independent of the other. The back feet land where the front feet just lifted off from, resulting in a direct register pattern.

Members of the mustelid family with long bodies and short legs use a lope as their main gait. Imagine you are a small, energetic ermine, hunting voles in the snow. Use the force of your back legs to launch your body off the ground and have your front arms as a pair catch you where you land. Speed up as you get comfortable and continue moving your legs as a unit to propel your body forward, followed by your arms moving forward and stabilizing the landing. Have your feet land where your hands just lifted off from. Watch an example of a 2x2 lope at timestamp 7:20 in the video by Steve Leckman on page 32.

# **Bound**









Example: squirrel, hare

Bounders also use their rear feet to propel themselves forward and catch their fall with their front paws. Bounders will often have larger rear feet than front paws. When bounding, the animals feet land at the same time as a pair. A major difference from the lope practiced previously is that the rear feet land in a wider position and pass the front feet. When the back feet are about to land, the front feet lift off the ground.

Pretend you are a red squirrel energetically bounding towards a berry bush. Take a leap by pushing off your back legs and landing on your front paws. As your front paws land close together, have your back legs come around the outside and pass where your front paws landed. Practice having your back legs land simultaneously, while your front paws may land one right after the other. Notice how much faster bounding is than the other gaits! If it's hard to bound gracefully, remember that squirrels have long bushy tails to help them balance. Take your squirrel impression further by pretending to use your two front paws to carefully pluck a berry from the bush, sit on your hind legs and nibble away! Watch an example of bounding at timestamp 9:45 in the video by Steve Leckman provided on page 32.

#### **Sources**

The gait patterns in this activity were written by referencing A Crow's Path: An intro to gait patterns. Visit this website at:

www.crowspath.org/natural-history/wildlife/gaits



#### **Extra Resources**

Watch Animal gaits a study by Steve Leckman at the QR code for a visual representation of humans and dogs performing gaits:

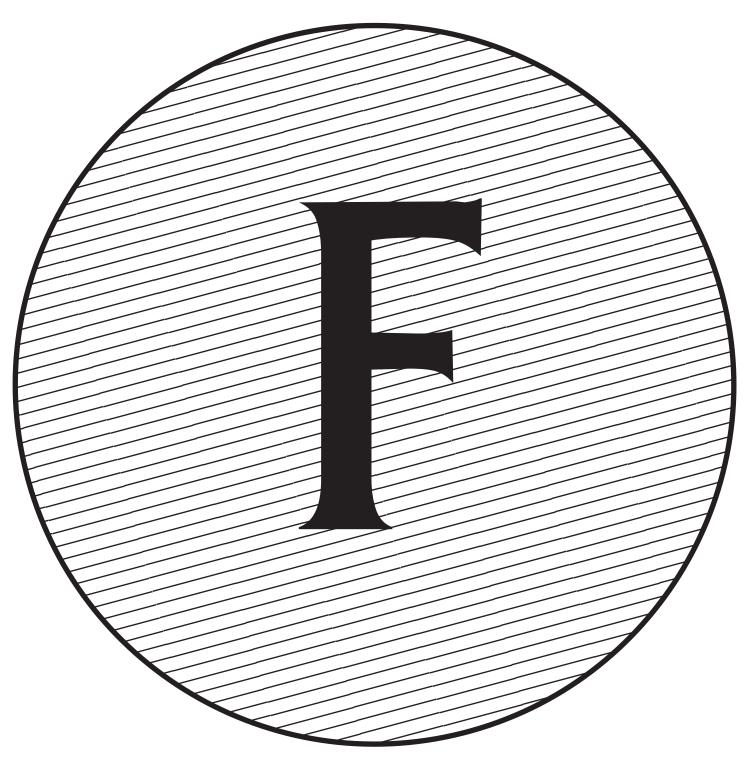


#### Time stamps

<del>_</del>	
Direct register walk	3:25
Overstep walk	4:00
Trot	1:45
2x2 Lope	7:20
Bound	

# Front and hind foot marker

Copy this page and the next multiple times to place on the floor to show the footfalls of the track patterns you'd like to demonstrate. Make as many copies as you think you need! Have students cut out each circle and tape it to the floor in one of the gait patterns described. **Make it fun:** Copy each circle type onto a different color of paper (laminate to reuse). For example, F on red and H on blue. F is for front, H is for hind.





# F. Mammal signs

Adapted from the Alaska Wildlife Curriculum, Forests and Wildlife.



#### **Objectives**

Students will use a variety of signs to identify the presence of specific mammals and determine their diet.

#### **Background**

Beyond tracks, animals leave evidence of their presence in the form of other signs such as scat, dens, or manipulation of plant life.

#### **Materials**

Copies of "Mammal Signs Chart" (following) and "Mammal Signs Science Card" for each student, clipboards and writing paper or field notebooks, pencils or pens.

#### **Procedure**

In advance, locate several sites where you find evidence of two or more mammals and mark them with flagging or survey tape (optional). Good choices may be near open water, sites with snow, and areas with a variety of shelter. Record the number of signs you find on the instruction card below as an

#### **Mammal signs**

**Grade Level:** 5-12

Subjects: Science, language arts

**Skills:** Observing, identifying, inferring,

comparing, descriptive writing

**Duration:** 50 minutes **Group Size:** Individuals **Setting:** Outdoors

**Vocabulary:** Animal names, carnivore, consumer, food chain, habitat, herbivore,

predator, prey

incentive for students. Make a separate record of the mammal signs at these sites for later comparison with student notes.

If desired, you can have students make plaster track prints of what they find. See "Track Casting" on page 43.

- 1. In class, brainstorm what kind of mammals live in sites like you chose. Discuss what these animals obtain from the site (food, shelter, water, space and arrangement) and why the habitat is important for their survival. Review predator and prey relationships.
- 2. Tell the students they will go search for mammals. Students may not see specific animals, but they could find animal signs such as droppings, browse marks, or tracks.
- 3. Give each student the "Mammal Signs Science Card" and the "Mammal Signs Chart." Challenge your students to identify what mammals left behind the tracks and sign they found.

#### **Evaluation**

- 1. Students discuss and compare their findings. Based on what they found, where do their animals fit in the habitat's food chain and food web?
- 2. Ask if they think they might find more or less mammal signs at other seasons of the year. Why?
- 3. Where might they go to find signs of mammals on the chart that were not found during class? What does that habitat offer that the sites visited in class do not offer?

#### **SCIENCE CARD**

# Mammal signs

- 1. Write "Forest mammals" (substitute grassland, tundra, wetland, etc.) at the top of a page in your field notebook. Record the number of mammals whose evidence you find in this area.
- 2. List mammals whose evidence you find along the left side of your page.
- 3. Write what you think they eat based on the signs you find on the right side of the page. Decide whether they are herbivores or carnivores.
- 4. Write a short description of the signs next to each animal name. Try to compare each sign to something familiar. Make a rhyme or a humorous

- statement in order to help you remember which sign is evidence of which animal. (For example: Deer droppings look like big chocolate chips. Hare-browsed willows are sharp. Ow!)
- 5. If you find signs of other mammals while walking to or from this site, make notes of your findings on the page. The "Mammal Signs Chart" shows evidence of mammals that you might find in this area. There are signs of at least \_\_\_\_ kinds of mammals in this area. Can you find these signs and identify them?





Scan the QR code for the recommended background activity **"Who Lives Where"** on page 176, in the Alaska Wildlife Curriculum Forests & Wildlife. "Who Lives Where" shares what animals might leave tracks and signs in boreal and coastal rainforest habitats.

# Mammal signs chart \_\_\_\_

ANIMAL	TRACKS	DROPPINGS	OTHER SIGNS
Shrew			
Vole, Mouse, or Lemming			Tunnels under the snow or, after the snow melts, small piles of grasses lying in patterns like tunnels.
Squirrel			Middens or large piles of cones, cone scales, and cone cobs. Also mushrooms hanging in trees.
Snowshoe hare			Willows, birch, rose, aspen, or other plants with stems neatly clipped.
Porcupine		Contraction of the second seco	Large strips or patches of bark missing from a tree trunk.
Beaver			Tree stumps or branches with gnawing marks; lodges or dams of sticks and branches.
River otter			Strong odor; trampled grasses and plants, dens under tree roots, and sledding trails on small slopes.

# Mammal signs chart —

ANIMAL	TRACKS	DROPPINGS	OTHER SIGNS
Marten			
Fox or Coyote			Dens
Wolf			Dens
Lynx		MATTER STATE OF THE STATE OF TH	Scraping around droppings
Bear		De la Constitution de la Constit	Grasses and sedges that have been grazed or clipped off. Skunk cabbage that is torn or dug up.
Deer			Huckleberry or other shrubs with stems that appear to have been chewed off.
Moose			Birch, aspen, willow, or other plants with stems roughly browsed (not neatly clipped).

# G. Bird signs

Adapted from the Alaska Wildlife Curriculum, Forests and Wildlife.



#### **Objective**

Students will recognize bird signs and identify the species and behavior of any birds in the area.

#### **Materials**

"Bird Signs Chart" and "Bird Signs Science Card" for each student, clipboards and writing paper or field notebooks, pencils or pens.

OPTIONAL: Field guides to animal tracks and birds, binoculars, and Alaska Ecology Cards.

#### **Procedures**

In advance, locate several sites where you can find evidence of several birds. Good choices may be near open water, sites with snow, and areas with a variety of shelter. If you cannot find examples of bird sign, you can create replica tracks by pressing a real or synthetic bird foot into the ground, and place feathers in the observation area ahead of time. Record the number and kinds of bird signs you find for

#### **Bird signs**

**Grade Level:** 5-12 **Subjects:** Science

Skills: Observing, identifying, inferring,

comparing

**Duration:** 50 minutes

**Group Size:** Small groups or individuals

**Setting:** Outdoors

Vocabulary: Bird names, food chain, food

web, habitat

later comparison with student observations and notes. Fill in the number of signs on the "Bird Signs Science Card."

- 1. In class, brainstorm what kind of birds live in the sites you chose. Discuss what these wildlife obtain from these areas (food, shelter, water, space, habitat) and why the habitat is important for their survival. Review the concept of food chains. Where are birds on food chain for each habitat?
- 2. Tell the students they will go search for birds at the sites you chose. Students may not see specific birds, but they could hear birds or find bird signs such as feathers, nests, whitewash (droppings), or tracks.
- 3. Give each student the "Bird Signs Science Card" and the "Bird Signs Chart."

#### **Evaluation**

- 1. Students discuss and compare their findings. Based on what they found, what do their birds need in these ecosystems? Where do they fit in the food web?
- 2. Ask students if they think they might find more or less bird sign at other seasons of the year. Why?
- 3. Where might they go to find the birds or their signs illustrated on the chart that were not found during class? What does that habitat offer that the sites visited in class do not offer?

#### **Extension**

A. Research local birds and create a display. Students use the Alaska Ecology Cards in the Alaska Wildlife Curriculum or other resources to find out more about their local birds. They use this information along with sketches of tracks or signs to make posters or a display of your local habitat's wildlife.

B. If a wooded area is near your classroom window, depending on grade level, students set up a winter bird feeding station after researching the best devices, food, and location through their local Alaska Fish and Game office, or Audubon Chapter.

Students keep a class chart of the kinds of birds that come to their feeding station, how often they are seen, and note their behaviors. Before the school year ends, students calculate the results and discuss the seasonal changes in bird visits.



Visit the webpage for the recommended background activity **"Who Lives Where"** on page 176 in the <u>Alaska Wildlife Curriculum</u> Forests & Wildlife. "Who Lives Where" shares what animals might leave tracks and signs in boreal and coastal rainforest habitats.

#### **SCIENCE CARD**

# Bird signs

You have heard of mammal tracks. Did you know birds leave signs too? Open your eyes and look carefully, you will be able to find \_\_\_\_\_ bird signs that are in this area.

- 1. Write "Forest Birds" (substitute tundra, grasslands, wetlands, etc.) at the top of a page in your notebook.
- 2. Record the number of birds whose evidence you find at this site. Then list them by name along the left side of the page.
- 3. Listen and look carefully, these birds may still be nearby. Have one person in your group repeatedly make a "shhh, shhh" sound. Sometimes birds will move or call when they hear this sound.

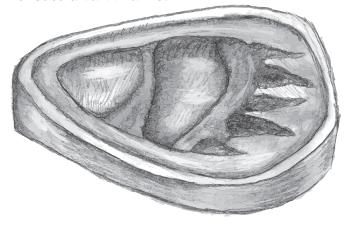
- 4. If you see birds, watch them. Can you identify them using the guide book? Watch and record their behavior. What trees do they like most? Are they eating? Gathering sticks? Record what you see in sketches or words.
- 5. If you find signs of grouse or woodpeckers, look for these groups in a field guide to birds. Based on the season and the habitat you are in, can you figure out which kind of grouse or woodpeckers might be in this area? List the species you think are most likely to have made the signs.
- 6. If you find signs of other birds en route to the site, make notes of your findings in your notebook.

# Bird signs chart

BIRD	SIGNS	
Signs Left by Many Birds		Feathers, sticks, or grass nests
Grouse		Grouse make 3-toed tracks on solid snow or wet soil, but in deep soft snow they make a trail that looks like a ditch in the snow. Their droppings seem dry and are shaped like fat worms. Listen for their hooting or low drumming calls.
Woodpeckers		Listen for tapping or drumming sounds. Look on live and dead trees for small or large holes that look like something drilled into the bark of the tree. Also look for flakes of bark around the base of trees.
Raven	The state of the s	Droppings and tracks around a dead animal.  Hoarse croaking sounds.
Hawks and Owls		Hawks and owls regurgitate pellets of fur, feathers, and other indigestible bits of the prey. These pellets are cleaned of all meat, so that they smell and feel clean.
Songbirds	**  **  **  **  **  **  **  **  **  **	Listen for twittering, chirping, or other calls and songs.

# H. Track casting

Adapted from the Alaska Wildlife Curriculum, Forests and Wildlife.



# **Objectives**

Students will make a cast of an animal track.

#### **Materials**

IN THE FOREST: Clipboards and writing paper or field notebooks, pencils or pens for each student. For each pair of students: 1/2 cup of plaster of Paris, waterbottle full of water, 1-inch wide lightweight cardboard strip, paper clip, toothbrush, forceps or tweezers, bucket for water, one empty container (tupperwear, large plastic cup, or similar).

**IN THE CLASSROOM:** Air dry clay, a piece of cardboard, track replicas, rolling pin, felt tip pens, and cards.

**OPTIONAL:** Sample casting as example.

#### **Procedure**

**IN ADVANCE:** Locate a forest site where tracks of mammals or birds are easy to find and where students will be able to return to the classroom after 20 or more minutes. If you are unable to locate reliable tracks, consider making tracks using latex replica tracks. Place the Science Card and the materials at the site. You may want to set up a sample casting as an example.

**IN CLASS:** Depending on the grade level, guide the students through the activity or send them outside and follow the instructions on the Science Card (next page).

#### **Track casting**

**Grade Level:** 5-12 **Subjects:** Science, art

**Skills:** Observing, following instructions **Duration:** Two 40-minute sections

**Group Size:** 2-4 students **Setting:** Outdoors and indoors **Vocabulary:** casting, parts of a track

**IN CLASS:** Students make a track display using air dry clay.

- 1. Have students roll out a 3/4-inch thick pancake of clay. Press each track replica into the clay to make replicas of the tracks found in the forest.
- 2. Students make labels for their replica tracks and a title sign for their display, such as "Forest Tracks." Display for other students in the school to see. Students may use toothpicks to mark initials in their tracks.

**NOTE:** Track replicas (typically latex) are available for loan throughout the state. Contact your regional ADF&G wildlife educator for checkout details.

#### **Evaluation**

Identify the parts of a track and what animal made the track. Did the student successfully make a track cast that shows the features needed for identification?



Teaching Kits for Teachers & Students

#### **SCIENCE CARD**

# Track casting

Choose a partner to work together.

- 1. Be careful not to step on the animal tracks in the area so other students will be able to see and use them. Select one track of an animal from this area.
- 2. Carefully remove sticks and leaves from the animal track with forceps or tweezers. Press a strip of cardboard into the snow or mud so it wraps around the track. Secure it in place with the paperclip.
- 3. Using an empty container or large ziploc bag (recommended), mix enough plaster powder with water to make a thick batter.
- 4. If the track is in snow, mix snow with

the water before you mix up the batter. This cold batter will be less likely to melt the snow and ruin your track. Pour the batter inside the cardboard strip over your track. Hint: If using a ziploc bag, cut a hole in one of the bottom corners and then squeeze out the plaster.

It will take about 20 minutes or longer for your track casting to dry. Wash out the mixing container so others can use it. Carefully pick up your track casting and gently clean off any dirt using the toothbrush. Then take the track casting back to class.





Wildlife Track Casting

# Try it another way!

Scan the QR code for a video from Brenda Duty, former Teacher Resources and Curriculum Coordinator, demonstrating how to cast a track found in nature.

# I. Crime scene investigation



#### **Objective**

Students will learn to interpret animal track stories by using their knowledge of predator-prey relationships, migration routes, and habitat use. At the end of this activity, students will have used problem solving and process of elimination to decipher animal "crime" scenes.

#### **Methods**

Students will learn to interpret track stories where animals interact with their environment and other species. Using observation and a process of elimination, students will decipher what animal fell prey to what predator, like the game "Clue". Lastly, students will have the opportunity to create their own track stories with art supplies and rubber stamps.

#### **Background**

Animals leave behind tracks and other signs when getting food, water, and shelter from their habitat. The evidence tells a story of what the animals were doing in that place.

Refer to the "About Tracks" and "Track Families" section for in-depth information relating to animal track characteristics. For Part 1, refer to the Crime Scene Suspect List on Page 47.

#### **Materials**

- Crime Scene Suspect List (p. 47)
- Crime Scene Canvases

#### **Crime scene investigation**

**Grade Level:** K-12

**Subjects:** Science, art, language arts **Skills:** Investigating, observing, problem-

solving, story-telling, drawing **Duration:** 30 minutes for each part

**Group Size:** 2-4 students **Setting:** Indoors or outdoors

Vocabulary: Gait, track, sign, predator,

prey

- Crime Scene Kit props
- Notepad for taking notes
- Track Mystery worksheets (p. 48-50)
- Drawing paper or setting worksheets (p. 51-52)
- · Pencils, crayons, or markers
- · Animal tracks stamp set and ink pads

#### **Procedure**

The following three activities present scenes that allow the observer to predict animal interactions based on track and sign clues. Some ADF&G Tracks kits include a Crime Scene kit and canvas to display an interactive scene to students. The Mystery worksheets and templates for designing your own scene can be found on pages 51–52.

#### Part I — Crime scene demonstration:

- 1. Introductory questions: Display the crime scene canvas with props. Ask students, "What do you notice about the scene before you?" Have them take notes on observations, clues, and evidence inside the crime scene. Ask students, "What do you wonder about the scene?" after looking at the clues left behind. Present the crime scene suspect list and give students time to learn about the potential predators involved. Finally, ask students if they can draw any conclusions after reading the information on the suspect list.
- 2. Who done it?: After looking at the scene and reading the information about the subjects in question, write out a paragraph or a couple sentences about what you think happened at the scene of the crime. Who do

you think committed the crime, and why? Who was the prey, and why?

**Note:** For younger students, this can be done in small groups or as one large group by writing observations and guesses on a whiteboard.

#### Part 2 – Track mystery worksheets:

- 1. Make copies of Track Mysteries I, II, and III.
- 2. As a class or individually, explain what happened in each mystery OR have students try to explain what happened based on their understanding of animal tracks:
  - I. A deer was walking along when it encountered a wolf. The deer began to run with the wolf chasing it. There is no way to determine whether the wolf captured the deer. Alternatively, the deer may have begun to run for any number of reasons and later a wolf was loping along and followed the tracks.
    - II. Two deer enter the picture, walking in each other's footsteps. Many animals do this in snow because it takes less energy. Do humans? Two wolves run toward the deer and both deer begin to run. One deer escapes. The other deer is killed. The wolves feed and then walk away in each other's footsteps. The track in the upper right corner is a bird's—probably a raven or eagle. When a bird takes off, it leaves "brush" marks in the snow with its wings.
  - Why might the raven or the eagle have been at the kill site?
  - What other animals might benefit from having wolves around? (Other animals that scavenge on the carcasses, such as chickadees, foxes, magpies, wolverines, and bears).
    - III. This story has two plausible scenarios:
      - d. A moose was walking along when it saw 3 wolves approaching.It backed up against the trees and brush to protect its back,

- and when the wolves attacked, the moose managed to kill one, probably by striking it with its front feet. The other 2 wolves decided to leave and search for something easier. After they left, the moose walked away.
- e. The moose walked through the area either before or after the wolf died and has nothing to do with the story. Two wolves from the same pack caught a trespassing wolf in their territory. They killed it and walked away.
- Why might wolves kill strange wolves that are in their territory?
- What other species sometimes kill strangers that are in their territories?

#### Part 3 — Create your own story:

- 1. Draw a setting or use the one provided by Discovery Southeast on page 52. An example would be a local park or a favorite trail or campsite they visit with their family, their yards, etc.
- 2. Plan a story you want to tell based on the setting, animal tracks available, and your understanding of how animals interact with their environment and leave clues via tracks.
- 3. Take turns visiting the track stamping station. Use the animal tracks stamp set to illustrate animal activity or interactions.
- 4. Write a story on the back of the artwork that describes the story you want to tell.
- 5. Team up with a partner and take turns interpreting the stories you illustrated. See if your partner can interpret the track story before reading the written story.

#### **Evaluation**

After each activity, have students reflect on what clues led them to believe a particular animal was the culprit. How did they know another suspect did not commit the crime? What did they notice about tracks in the snow, and what other possible stories could have unfolded at the interactive and illustrated scenes provided and imagined?

# Crime scene suspect list



Haliaeetus leucocephalus aka: Bald eagle, Chrome dome

to swim, towing the meal to shore but it's purely voluntary. An eagle head and tail. The distinctive white eagle. Fish are the main diet of the What we know: The Bald eagle is with their wings. Eagles have thick misconception that eagles cannot will sometimes grab a fish that's urchins, clams, crabs, and carrion. Bald eagle. Eagles also prey upon too heavy to lift and will choose named for its conspicuous white can be confused with the golden let go of prey. The talons grasp, Bald eagles are sometimes seen waterfowl, small mammals, sea swimming, laboriously "rowing" down and float well. There is a Immature birds lack this easily until five or more years of age. identifiable characteristic and adult plumage is not attained rather than lose it.



Vulpes vulpes aka: Red fox, Foxy, Sly

voles seem to be its preferred food. dogs, wolves, and coyotes. The Red fox is common in most of northern senses of sight, smell, and hearing, omnivorous. Although it might eat and intelligence. Several English insects, vegetation, and carrion, known for its flashy good looks, The Red fox has well developed of its reputation. The Red fox is muskrats, squirrels, birds, eggs, Their general appearance is like outfoxed," and "crazy as a fox." which are responsible for much expressions testify to the fox's wily mind: "sly as a fox," "foxy," ability to live close to people, and a reputation for cunning What we know: The fox is North America.



**Bubo virginianus** 

aka: Great Horned, Hoots

awake? Me too." In Alaska, the diet horned owl is primarily a nighttime Small rodents compose 94 percent lower jaws which can be identified. can be heard from great distances. throat. The owl often perches near by analysis of regurgitated pellets, open area where it hunts for small and hair. Dissection of the pellets the edge of a meadow, slough, or of the diet while other mammals Alaska with ear tufts, which give which contain undigested bones mammals. It has a deep call that hunter. It is the only large owl in of the owl has been determined reveals the remains of skulls and It sounds like it's saying "Who's a distinct white bib around its it a horned appearance. It has What we know: The Great (mainly shrews) and birds compose the remainder.



Canis latrans

aka: Coyote Ugly, Song Dog

and a long bushy tail. The coyote is best described as an opportunistic never droop, a sharp pointed nose, feeder. In Alaska, snowshoe hares, Distinctive features of the coyote while marmots, ground squirrels, coyote, like the wolf, is a member reason that those rare sightings significance. It appears that this newcomer to the Alaskan scene, the "song dog of the West," has an animal which is seldom seen and resembles a medium-sized found a niche in our state. The What we know: The secretive by most Alaskans. It is for this muskrats, fish, and insects are are its sharp pointed ears that rodents, and carrion comprise nature of the coyote makes it of a coyote take on a special the bulk of the coyote's diet of the dog family (Canidae) shepherd-collie type dog. taken in fewer numbers.

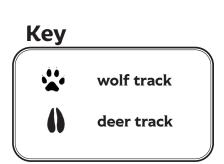
# Track mystery I



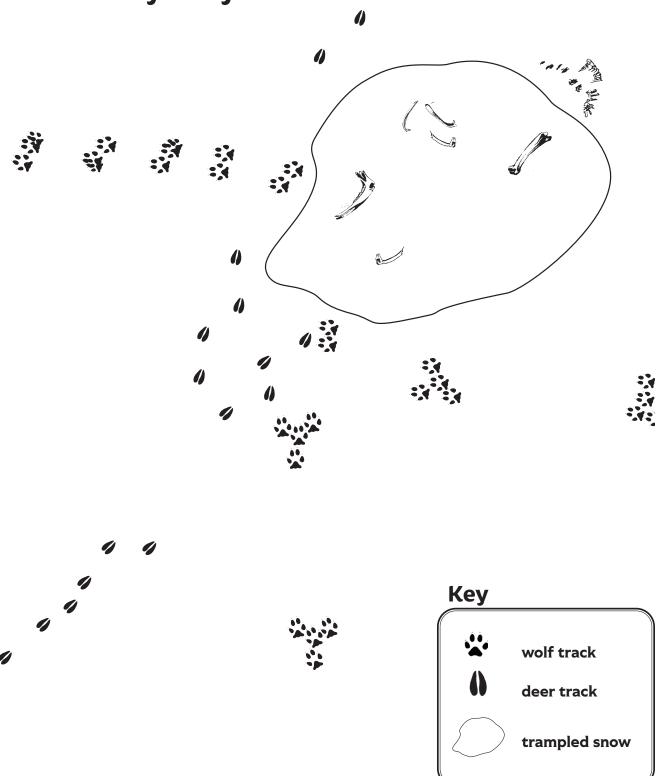






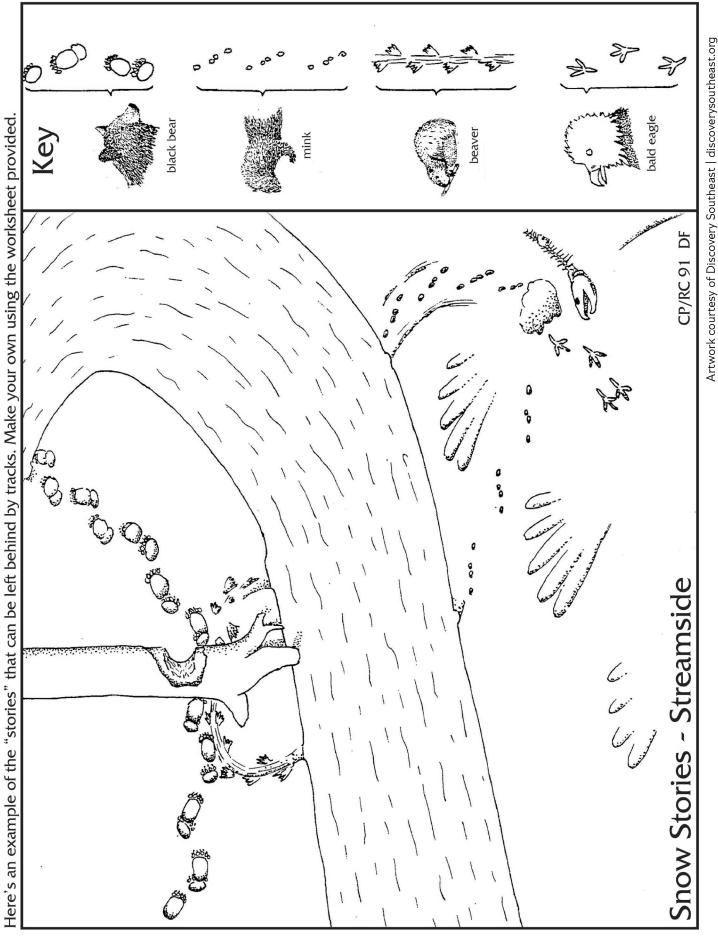


# Track mystery II



# Track mystery III • Key wolf track moose track trampled snow

dead wolf



 $Artwork\ courtesy\ of\ Discovery\ Southeast\ |\ discoverysoutheast.org$ 

# J. Why are my feet so big?

Adapted from "Snow Floats" by the Canadian Wildlife Federation, Wild Education Below Zero Curriculum.



#### **Objectives**

Students learn that some northern animals have specially adapted feet that allow them to "float" on top of the snow. Students can use the "weight load" of different species to predict which animals travel on snow best.

#### **Methods**

Students use the area of an animal's tracks along with its weight to calculate the "weight load".

#### **Background**

Several northern animals have feet designed for walking on snow. For example, lynx, snowshoe hare, and caribou have comparatively large feet for their body size. A caribou grows extra hair inside its hooves for winter travel. Each fall, the willow ptarmigan puts on a pair of "snowshoes." Its middle toes become longer and new feathers grow around all its toes. This feature reduces the pressure of its foot steps by more than 60%. These special adaptations help to spread the animals weight over a larger area so it won't sink into deep snow. The lynx "floats" across the snow while the much smaller house cat. with its tiny paws, sinks. The house cat's weight load is approximately 1.42 psi (pounds per square inch). In contrast, the lynx, which has its weight distributed over much larger paws,

#### Why are my feet so big?

**Grade Level:** 4-10

**Subjects:** Science, mathematics **Skills:** Prediction, measuring, team work, analysis, application, calculation, communication, discussion, inference,

problem solving

**Duration:** 40 minutes **Group Size:** Any size **Setting:** Indoors

Vocabulary: Weight load, adaptation, area

of support

has a weight load of only 0.48 psi. Snowshoe hare and willow ptarmigan are even better snow floaters, with weight loads of 0.17 psi and 0.20 psi respectively.

#### **Materials**

Track stencils for several species, quarter-inch graph paper, and access to internet so students can research the weight of their animal. Check out the "ADF&G Species" page on wolverines!

#### **Procedure**

- 1. Discuss how many northern animals have comparatively large feet that allow them to "float" on the surface of the snow as they move across the landscape.
- 2. Provide each student with a track stencil for a northern animal.
- 3. Have students use the stencil to trace the front track outline on a piece of graph paper marked in quarter-inch squares.
- 4. In addition to having a footpad and claws, northern species also have lots of hair on their feet. Have students trace the area within their track that is likely to be covered by hair.
- 5. Have students count the number of squares that are inside the track/hair outline. Include the squares that are more than half inside the outline, but do not count squares that are less than half inside the outline.
- 6. Remember there are two front feet! Have students multiply the number of squares by two to get the total area supporting both

front feet.

- 7. Repeat steps 3-6 for the two hind tracks.
- 8. Have students research the approximate weight of their animal in pounds.
- 9. Now students can calculate the "weight load" by dividing the animal's weight (lb) by the area of support (in²). Remember if your graph paper has quarter-inch squares, you must divide the area of support by 16. Weight load formula:

 $\frac{\text{Weight of animal (lb)}}{\text{Area of support (hind + front feet) (in}^2} = \text{weight load (PSI)}$ 

\*See the full calculation for a wolverine on the following pages.

10. Create a table to compare the weight loads for each of the student's animals. Ask students to predict which animals travel across snow the best. You can also compare the class weight loads to the following animals:

Animal	Weight Load (PSI)
House cat	1.42
Wolverine	0.68
Wolf	1.42
Lynx	0.48
Ptarmigan	0.20
Snowshoe hare	0.17

11. Have students calculate how large their own feet would need to be to have the same weight load as their chosen animal. Using a wolverine for an example, if a student weighs 90 pounds, the calculation to find the area of support would be:

Weight of student lbs wolverine weight load PSI Area of support (in²) 90 lbs 0.68 PSI Area of support 90 lbs (Area of Support) 0.68 PSI (Area of support) Area of Support 90 lbs (Area of support) 0.68 PSI (Area of support) Area of support 90 lbs 0.68 PSI (Area of support) 0.68 PSI 0.68 PSI

132.35 in<sup>2</sup> = Area of support

12. Have students calculate what their weight load would be while traveling on bare feet, snowshoes, or skis. For example, measure

a snowshoe and estimate how many square inches it would cover.

#### **Evaluation**

**Ask students to:** Explain weight load and describe how it influences the ability of an animal to travel on snow.

#### **EXTENSION** (Build your own float)

Students will develop, construct, and evaluate various designs to "float" a weight on freshly fallen snow.

#### Materials:

A one-kilogram weight for each group of three students; a variety of materials for float construction, (cardboard, foam, aluminum pie plates, coat hangers, string, glue, wood, straws, margarine containers, pipe cleaners, and toilet paper rolls); weigh scale (optional, for variation only); one ruler per group, and a large bucket.

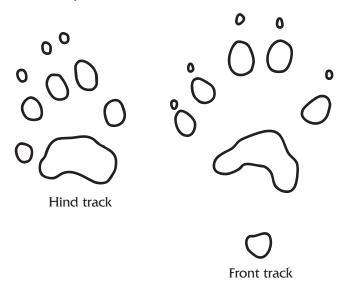
#### **Procedure:**

- 1. Begin by bringing a pail full of loose, fresh snow into the classroom. Then demonstrate what happens to a one-pound weight when you set it on the snow surface in the pail. Carefully remove the weight from the snow and measure and record how far it sank.
- 2. Now have students design a "float" that will keep the weight on the snow surface. Divide students into groups of three and show them the materials that can be used to build their floats. Assign a time limit for designing and constructing their floats.
- 3. Have each group present its design to the rest of the class. Students can also speculate which design will work best.
- 4. Test the floats outside after a fresh snowfall. Pick an untrampled area with an even snow cover. Have each group place its float on snow with the weight on the float. Let the float settle. Then, instruct each group to remove the weight and float and to measure and record the depth of the depression.
- 5. Back in the classroom, have students compare the results with both the class' prediction (optional) and the original test results. Ask students: which float designs worked best? Why? How could the designs be adjusted to be more efficient?

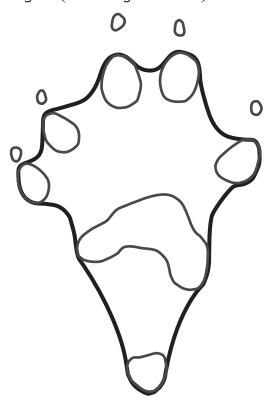
#### **Example**

In this example, we will calculate the weight load of a wolverine. We will demonstrate how to determine the area of support for the front track, but remember that the size of the front and hind tracks are different, so this procedure must be repeated for the hind track too.

**Step 1:** Collect the stencil for the back and front track of your animal:



**Step 2:** Because the foot pad is covered in hair that helps the animal "float" on the snow, have students outline the entire foot and toe pad region (excluding the claws).



**Step 3:** Provide students with quarter-inch graph paper. Have students count the number of squares that the track covers, including the outlined region covered in hair from Step 2.

In this example, the front foot of the wolverine covers 191 squares.

**Step 4:** Repeat step 3 for the hind track.

In this example, the hind foot of the wolverine covers 164 quarter inch squares.

**Step 5:** Research the weight range of a wolverine. For our example, we'll assume an average weight for a wolverine of 30 lbs.

**Step 6:** See the diagram on the next page for an actual size set of wolverine tracks. Use the following formula and calculations to figure out the weight load of a wolverine. Walk through each step on your own. Remember that the formula is in pounds per square inch (PSI), and our graph paper was in quarter inch squares. In order to get the answer in PSI, the **area of support must be divided by 16,** because there are 16 1/4 inch by 1/4 inch squares in a single square inch (see this visually in the key on the next page).

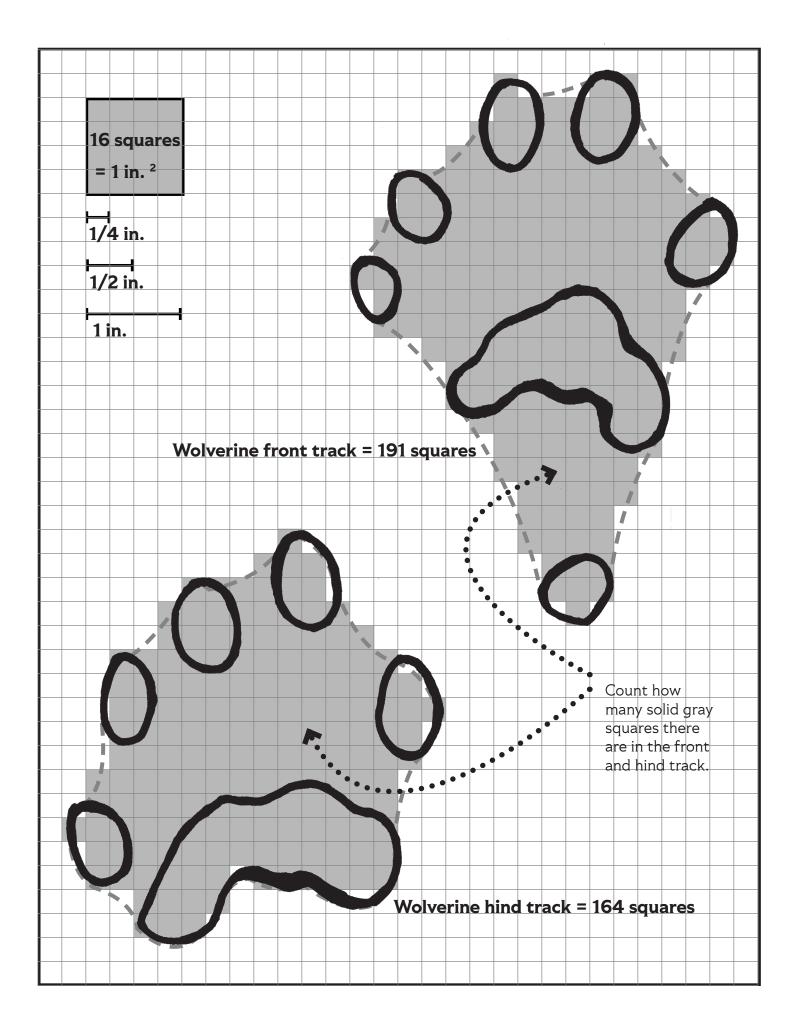
Area of support (in²) = front (191x2) + hind (164x2)

Area of support (in²) = (382) + (328) = 710/16 = 44.38 in

Wolverine weight load (psi) =  $\frac{\text{Weight lbs}}{\text{Area of support in²}}$ Wolverine weight load (psi) =  $\frac{30 \text{ lbs}}{44.38 \text{ in²}}$  = **0.68 ps**i

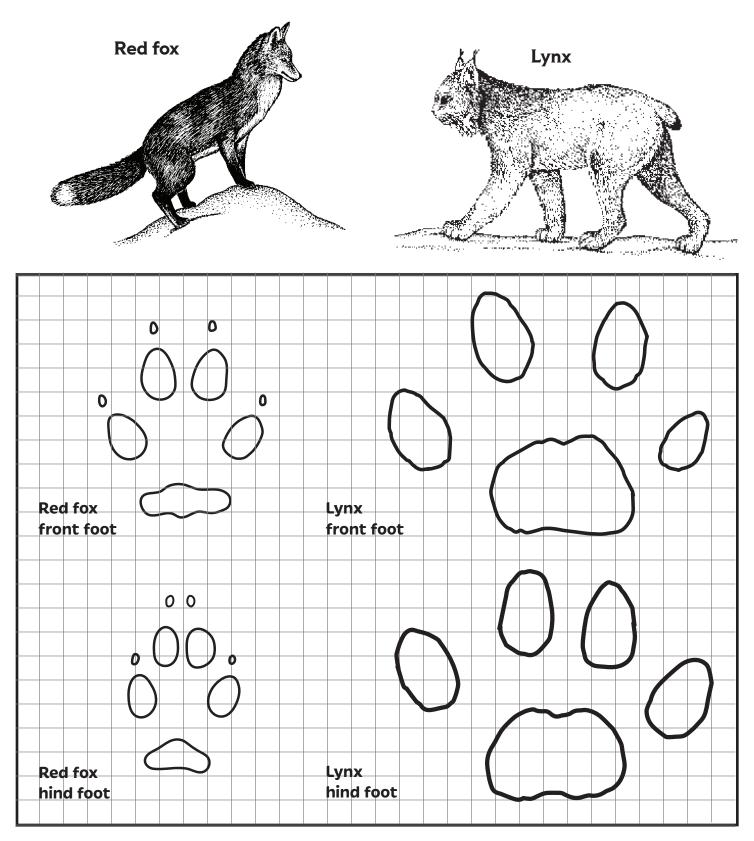
**Step 7:** On your own, calculate the snow weight loads of lynx and red fox on page 57. Which do you predict has the greater snow weight load? Why? Which animal actually has the greater weight load?

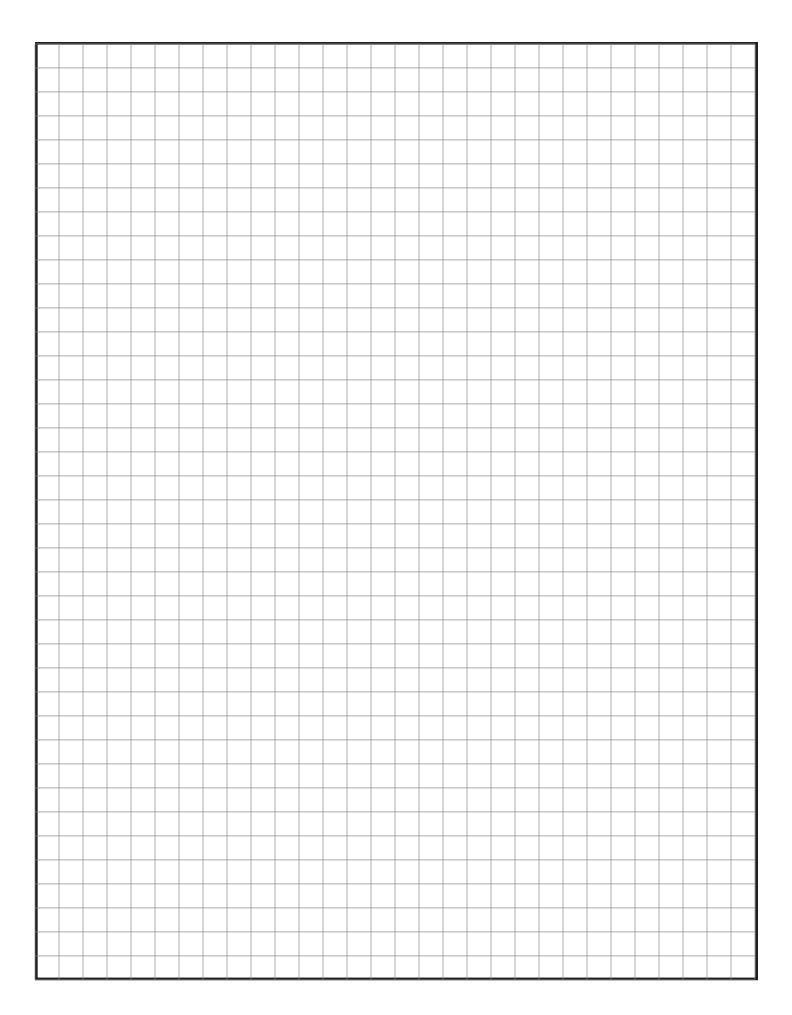
See the last page of this activity for blank graph paper to trace or stencil other animal tracks, student feet, or other objects you have known weights for.



# **Suggested Comparison**

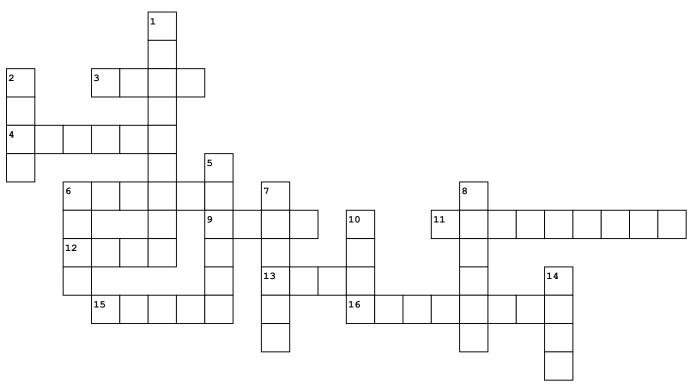
The Red fox and the lynx are two similar sized species that are found in interior Alaska. However, the lynx is especially adapted for life on snow and has substantially larger feet. The red fox weighs between 6 - 15 pounds while the lynx weighs between 18 - 30 pounds. Use these two species to see how their weight loads compare.





# K. Crossword puzzle and word search

#### **Animals and their tracks**



#### **Across**

- **3.** A gait used by dogs and voles where the opposite side of the front and hind legs move together.
- 4. The fastest gait.
- **6.** Measurement from the heel of a foot to the heel of same foot the next time it lands.
- **9.** An omnivorous mammal that has the smallest toe on the inside of their track.
- **11.** A large, wide-bodied rodent whose front and back tracks look very similar.
- 12. The way an animal moves.
- **13.** A gait commonly used by members of the mustelid family.
- **15.** A gait where both hind feet land exactly at the same time in front of where the front tracks landed.
- **16.** When both halves of the track mirror each other.

#### Down

- 1. The outline of an animal's foot.
- **2.** A group of mammals whose tracks show a distinct X-shape.
- **5.** When toes are connected by skin to help with swimming.
- **6.** Evidence of what was left behind by an animal such as tracks and scat.
- 7. The back toe of a bird.
- **8.** Toenail-like structures that cover the toes of some animals.
- 10. Individual digits pressed into the ground.
- **14.** A mammal whose tracks have teardrop-shaped toes and no sign of claws in the track.

Generated by Crossword Labs

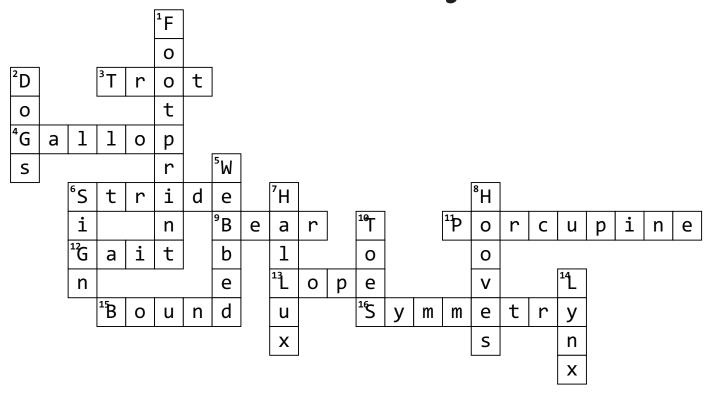
#### **Animals and their tracks**

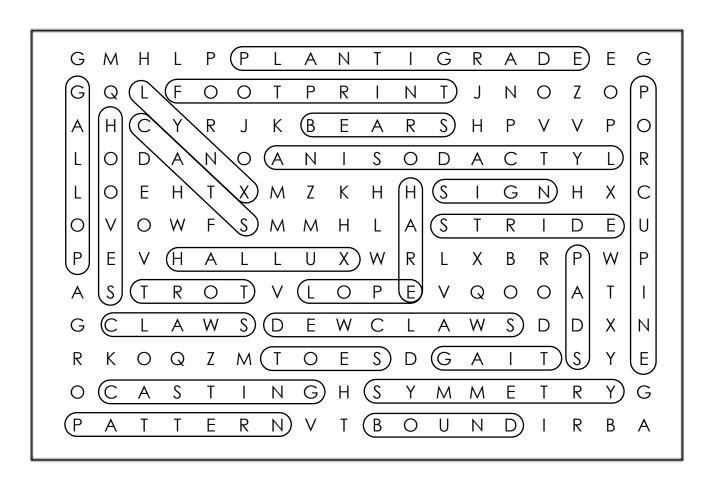
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Find the following words in the puzzle. Words are hidden  $\rightarrow \psi$  and  $\searrow$ 

ANISODACTYL **GAIT PATTERN BEARS GALLOP PLANTIGRADE PORCUPINE** BOUND HALLUX **CASTING HARE** SIGN CATS **HOOVES STRIDE CLAWS LOPE SYMMETRY DEWCLAWS** LYNX TOES **FOOTPRINT PADS TROT** 

# **Answer keys**





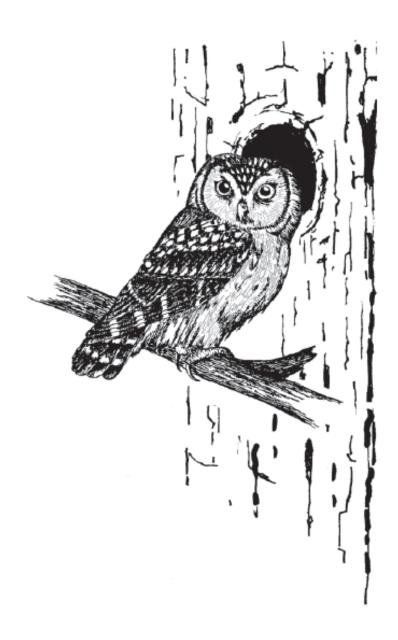
# 5. Track ID Cards

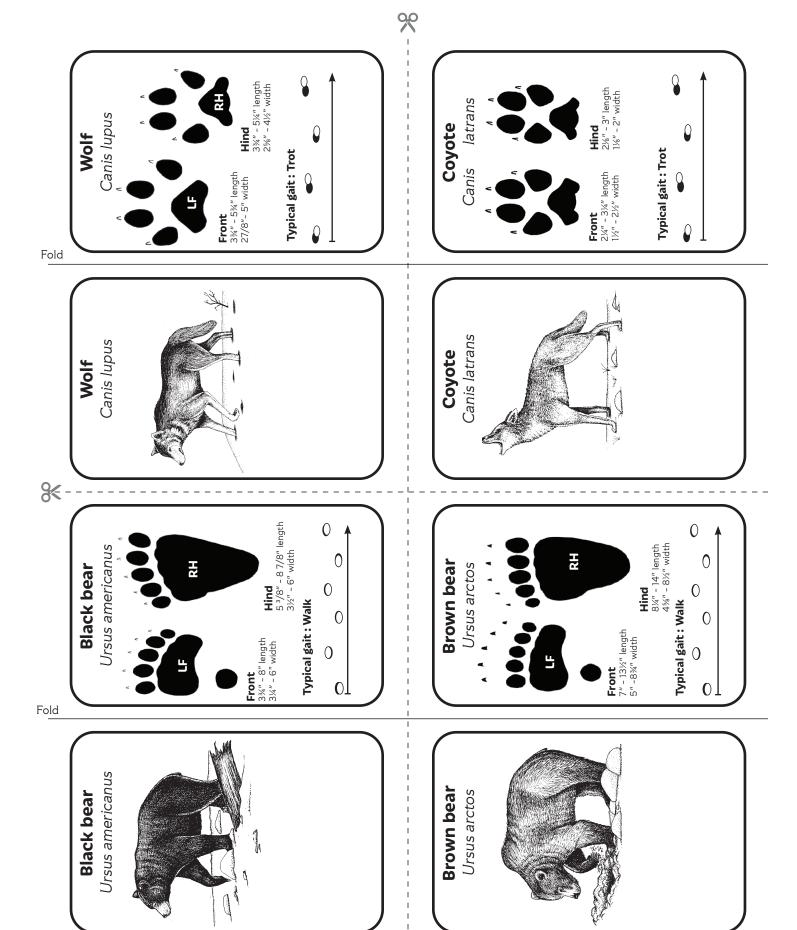
#### Adapted from Kim Cabrera's Animal Tracks Concentration

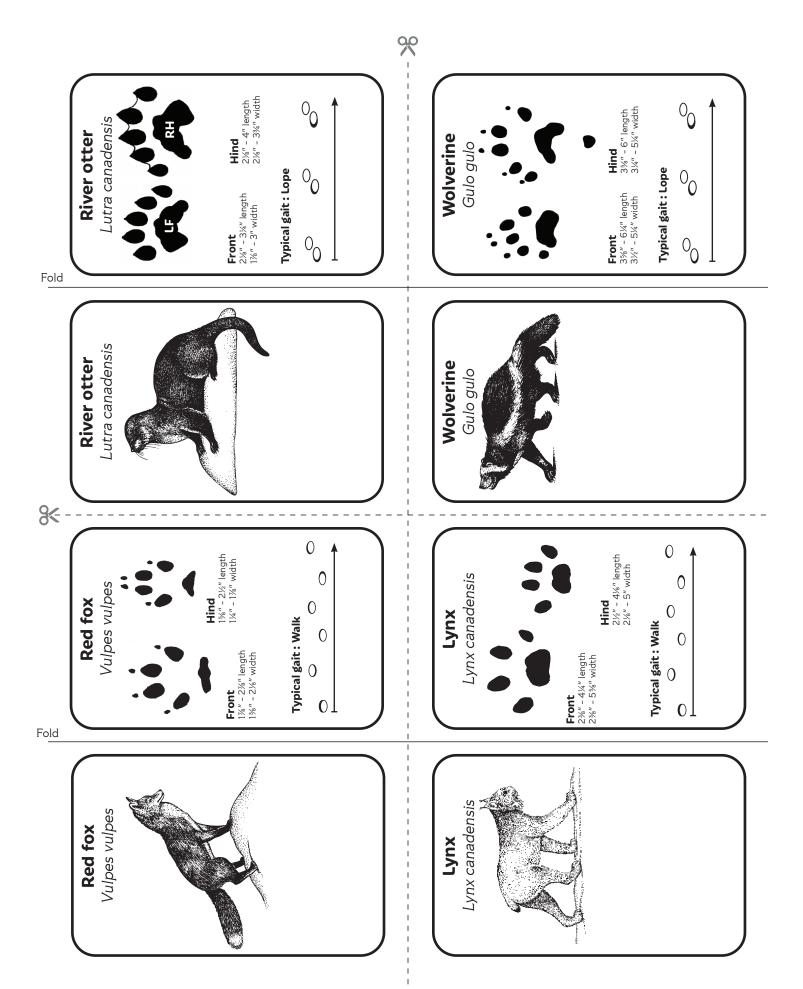
Use the following track ID cards on pages 64-72 for identifying tracks in the field or classroom. The front and back of each card are situated so they may easily fold to become one, two-sided card. Cover up the species name on the tracks side of the card to quiz learners on their track identification skills.

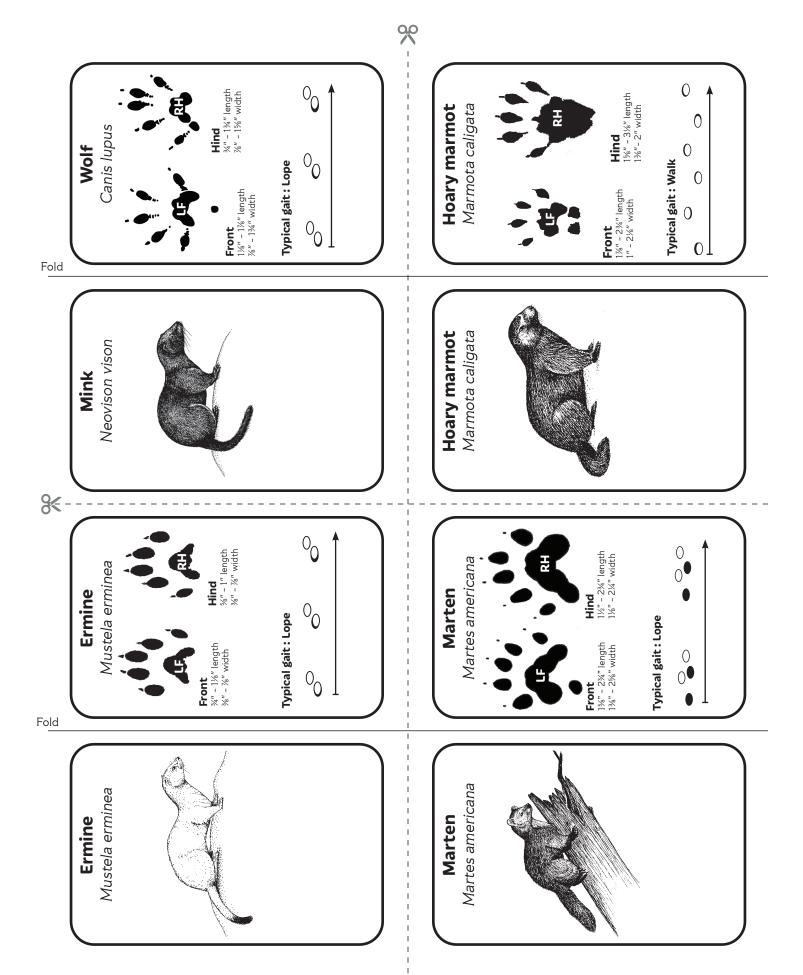
#### Track ID cards are listed by Track Family:

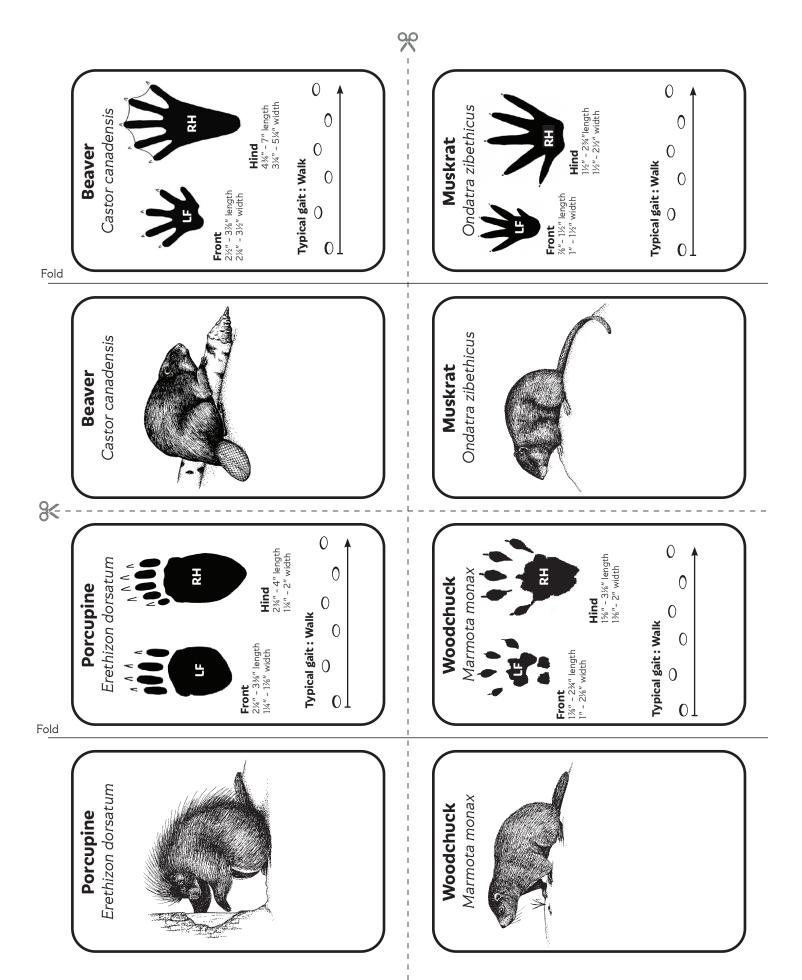
- Bears
- Dogs & Cats
- Mustelids
- Rodents
- Hares
- Birds

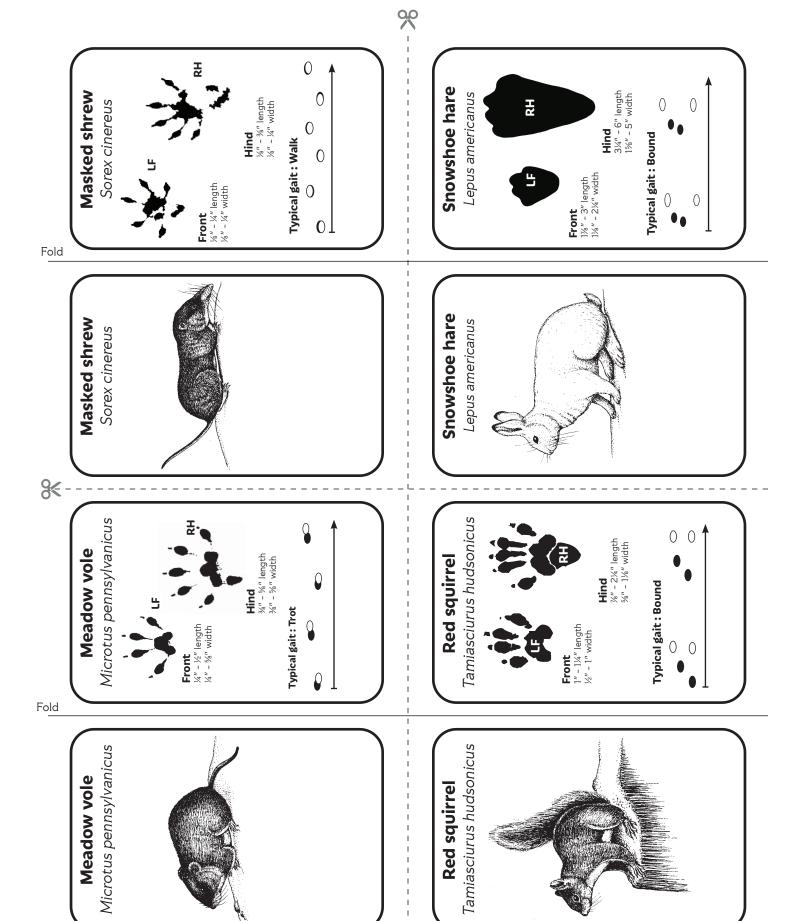


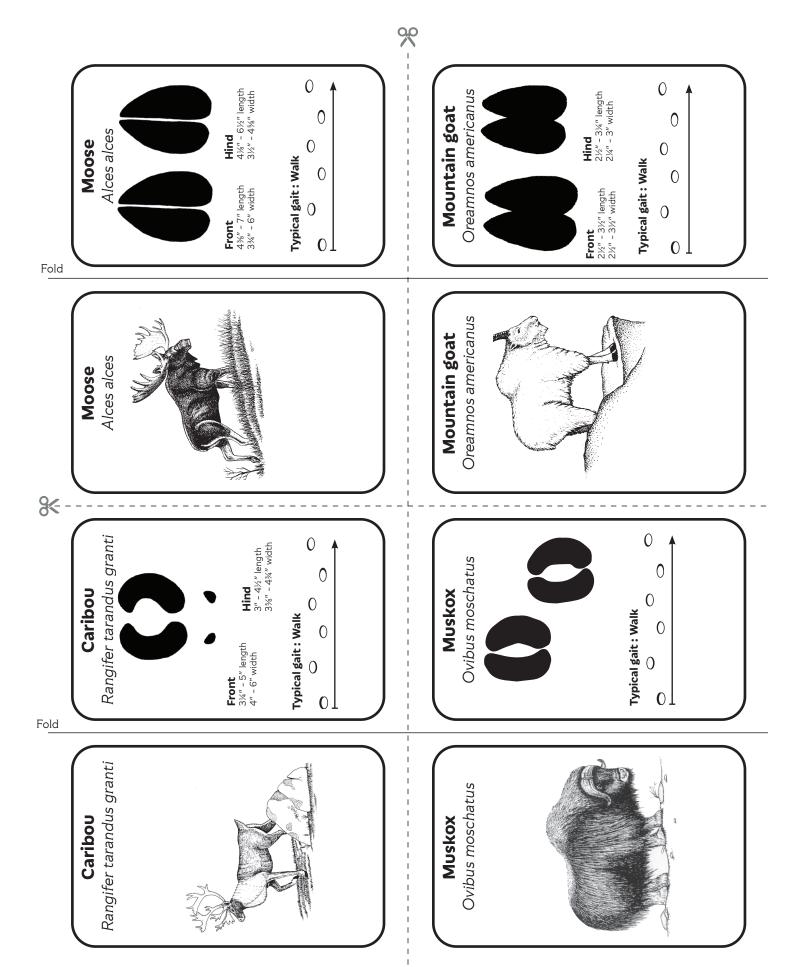




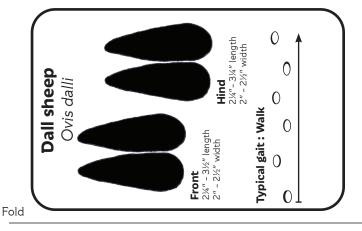


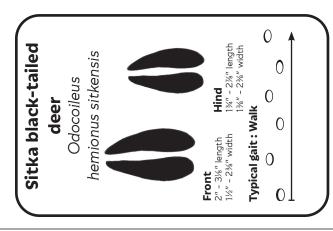


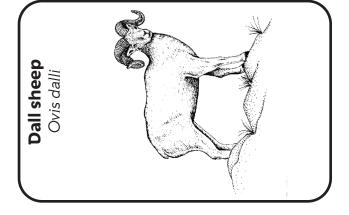


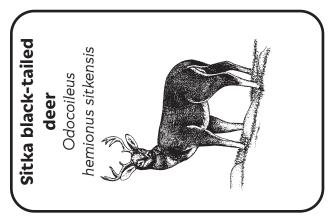


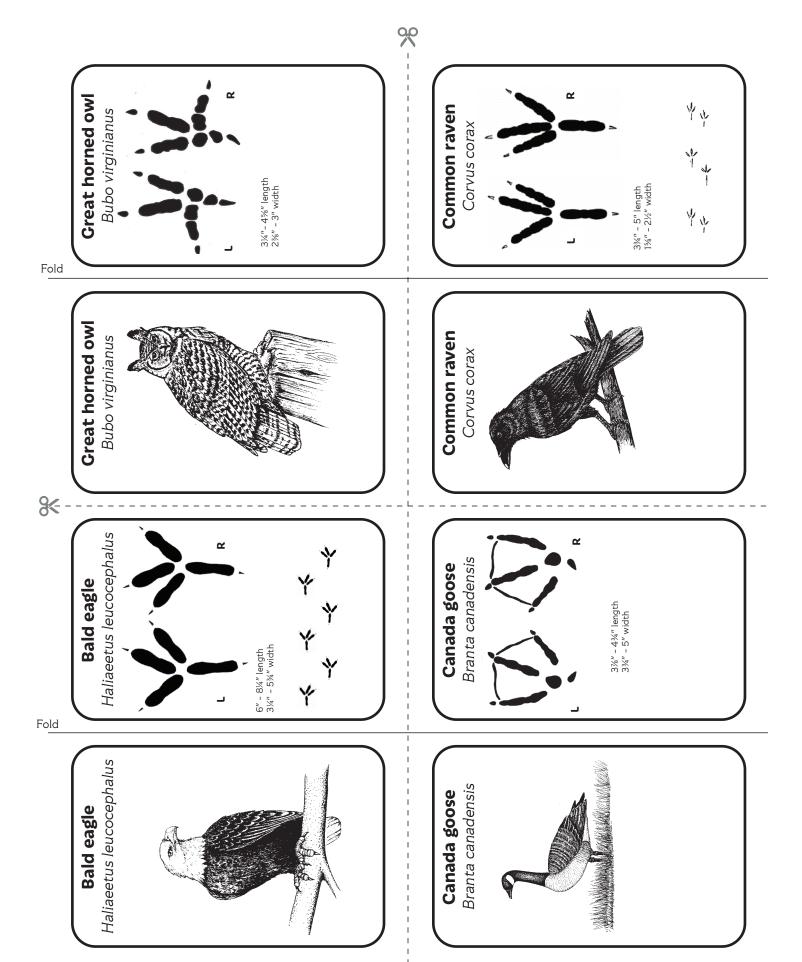


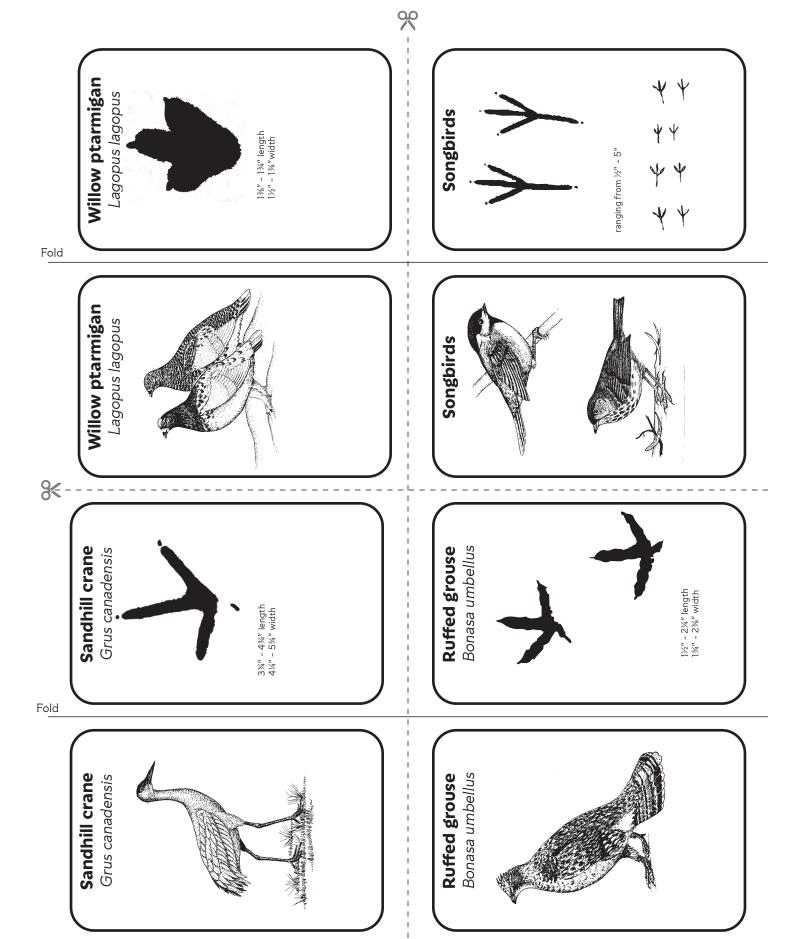












# 6. Useful Terms

**Adaptation:** the process of adjusting to the environment; a trait that helps an organism survive in a particular environment.

**Anisodactyl:** the most common arrangement of toes for bird feet, with three toes facing forward and one toe facing backwards. The back facing toe varies greatly in length between species. Songbirds, eagles, and ravens have anisodactyl feet.

**Birds:** warm-blooded, feathered vertebrates that have a beaked jaw, lightweight skeleton and the ability to lay hard shelled eggs.

**Bears:** omnivorous mammals with five toes on their front and hind feet and strong non-retractable claws that usually show up in tracks. The smallest toes on their feet are on the inside of the track, opposite of humans. The three bear species found in Alaska are brown bears, black bears, and polar bears.

**Bound:** an animal bounds or hops if it pushes off with both hind feet at the same time. A bound is when the hind feet land exactly in the front tracks or past the front feet. Sometimes the term hopping or jumping is used as a substitute for bounding.

**Bounder:** an animal that uses a bound for its main gait such as hares and squirrels.

**Carnivore:** a meat eater. The teeth are large and sharp, suitable for cutting flesh, and the jaws are powerful.

**Cast:** a replica of an animal track made by using the track as a mold and pouring plaster or latex into the impression left by the animal.

**Cats:** round tracks with four teardrop-shaped toes on the front and hind feet. Cat claws retract, so often they do not show up as part of the visible track. Cats usually walk as their normal gait but gallop when chasing prey or escaping danger.

**Deer:** family within the order Artiodactyl, which includes deer and elk. Male members of the deer family typically grow antlers that are shed annually.

**Dogs:** carnivorous mammals with four oval-shaped toes on their front and hind feet, and non-retracted claws. Most dog tracks show an obvious "X" shape in the space between the toes and palm pad. Fox, coyotes, and wolves are part of this group.

**Claws:** hard, sharp, and curved structures at the end of many birds' and mammals' toes that assist in digging, defense, prey capture, gripping, and grooming. Most animals' claws show in tracks, but those with retractable claws, such as cats, do not.

**Dew** claw: vestigial toes on hooved mammals that only show up in tracks made in mud or snow.

**Digitigrade:** walking on the toes. This increases the length of legs, which helps increase speed. Dogs and cats use this method of walking.

**Footprint:** the outline and physical impression of the animal's foot onto the ground, consisting of toes, pads, and claws. Size, shape and symmetry of the footprint help distinguish different species. See Track.

**Gait:** the way an animal moves. Examples of gaits are walk, trot, hop, bound, lope, and gallop.

**Gallop:** the fastest gait where the two hind feet land ahead of where the two front feet landed but not at the same time.

**Habitat:** the place where an animal lives that provides food, water, shelter (or cover), and space in a suitable arrangement that an organism needs to survive.

**Hares:** mammals with long ears, powerful hind legs, and the ability to run swiftly. Hares are herbivores and prey for predators like lynx, foxes, coyotes, and birds of prey. Hares bound when moving quickly, and their hind feet land in front of the tracks left by the front feet. Hares have five toes on their front feet and four on their hind feet. Their hind feet are much larger than the front!

**Heel:** the rear part of the footprint left by a plantigrade animal.

**Herbivore:** any living thing that eats producers (plants and algae).

**Hooves:** hard, thickened, and pointed structures that cover the toes of moose, caribou, muskox, Dall's sheep, mountain goats, deer, and bison. Hooves are protective, provide traction, and have evolved to aid in movement across various terrains. Hooves are made of keratin, the same protein found in human hair and nails.

**Hop:** a quick gait consisting of a push off of the hind limbs of an animal to suspend itself in the air before landing.

**Lope:** a fast gait where all feet are landing independently of each other. All animals can use this gait.

**Mammal:** belonging to the class Mammalia; distinguished by self-regulating body temperature, hair, and in females, milk production for feeding young.

**Pads:** the fleshy portion at the base of the track below the toes.

**Palm:** the center portion of the track, located between the toes and the heel of the footprint. Some animals have smooth palms, such as dogs and cats, while bears may have ridges within their palms.

**Pattern:** the arrangement of multiple tracks left by an animal in a sequence as the animal moves. Track patterns indicate a type of animal and what gait it was using.

**Plantigrade:** walking with the heel on the ground. Heavy back ended animals such as humans, bears, and beavers walk this way.

**Rodents:** a diverse group of mammals with sharp teeth (incisors) that grow continuously throughout their life. This group includes mice, rats, squirrels, beavers, and porcupines.

**Sign:** any indication or evidence of an animal's presence in an area such as tracks, trails, scat, nests, burrows, scratches or gnaw marks, remnants of food, sounds, or hair.

**Stride:** the distance between successive placements of the same foot. For example, the heel of the left foot to the heel of the left foot again.

**Symmetry:** the balance and arrangement of parts of a track, or how a track is placed in relation to other tracks in a pattern. Track symmetry aids in species identification, gait, and behavior.

**Toes:** the digits at the end of the foot of many vertebrate animals. The number of toes provides a clue as to which animal left the track.

**Track:** the mark or impression left on the ground by an animal's foot. Tracks can provide information about the presence, identity, behavior, and movement patterns of an animal.

**Trot:** a gait faster than a walk where opposite side front and hind legs move together. Canines and voles usually trot.

**Ungulate:** any of a large group of mammals all of which have hooves: divided into odd-toed ungulates and even-toed ungulates. In this book, all ungulates referenced are even-toed.

**Unguligrade:** a way of walking that is characterized by walking on toenails (aka hooves) and is associated with speed. Animals like moose and caribou are unguligrade.

**Walk:** a gait with an easy pace where each foot moves independently. Walking is something most animals can do.

**Weasels:** mammals with five toes on their front and hind feet in an asymmetrical pattern. Palm pads of weasels look lumpy because it is made up of small connected pads. Their normal gait is a 3x4 lope on hard ground and a 2x lope in the snow, and they also walk.

**Weight load**: the amount of pressure exerted by an animal's body on a surface, such as snow. The pressure is influenced by the animal's weight, distribution of its weight across its body, and the size and shape of its feet.

**Zygodactyl:** in birds, two toes face forward and two toes face backward, which provides a strong grip and helps with perching and climbing. Owls and woodpeckers have zygodactyl feet.

# 7. Teacher Resources

#### Websites:

ADF&G wildlife.alaska.gov

Bear Tracker bear-tracker.com

Crow's Path crowspath.org

Discovery Southeast discovery southeast.org

Crossword Labs crosswordlabs.com

Super Teacher Worksheets superteacherworksheets.com

#### **Lessons Adapted From:**

Bird Signs. (2018). Alaska's Forests & Wildlife: Alaska Wildlife Curriculum Teacher's Guide (pp.130-132). Alaska Department of Fish and Game, Division of Wildlife Conservation.

Mammal Signs. (2018). Alaska's Forests & Wildlife: Alaska Wildlife Curriculum Teacher's Guide (pp.126-129). Alaska Department of Fish and Game, Division of Wildlife Conservation.

Track Casting. (2018). Alaska's Forests & Wildlife: Alaska Wildlife Curriculum Teacher's Guide (pp.150-151). Alaska Department of Fish and Game, Division of Wildlife Conservation.

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# 8. A few last requests...

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#### **Community involvement**

Lessons about tracks of Alaska animals lend themselves well to community involvement. Invite community members, such as elders, trappers, hunters and biologists, who are knowledgeable about wildlife and tracking to visit with your students.

#### Our thanks!

We hope you enjoy teaching from *Tracks of Alaska Animals*. We thank you for your respectful use of this educational resource.

