

# Plan Your Hunt Workbook

*Planning a hunt has two basic elements:*

- 1. Paperwork-* including travel plans, gear lists, maps, licenses, permits, tags, contracts with guide or transporters, meal planning, selecting firearms; and
- 2. Physical Activities-* including conditioning, sighting-in and practicing with the selected firearms or archery equipment, setting-up and testing the equipment you plan to take, and acquiring all gear and packing it for the trip.

*Before you begin this workbook you should assemble the following materials:*

- Calendar (for preparation and planning)
- Reloading manual
- Alaska atlas or topographic maps
- Alaska Hunting Regulation booklet
- Permit applications and supplements (if applicable)

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*From this point on, planning your hunt is making informed choices.*

# Hunt Planning

## *What do I want to hunt and where?*

The Alaska Hunting Regulation book is organized by Game Management Unit (GMU). Each unit section contains all the regulations for species in that area, and any special regulations in that unit.

	<i>1st Choice:</i>	<i>2nd Choice:</i>	<i>3rd Choice:</i>
<b>Species:</b>			
<b>Sex:</b>			
<b>GMU:</b>			
<b>Specific Location:</b>			
<b>Season Dates:</b>			
<b>Regulations for GMU: (page)</b>			
<b>Legal Animal:</b> <i>(full curl, spike-fork 50)</i> <i>Refer to the Hunt Regulation booklet for definition of a legal animal.</i>			
<b>Land Access &amp; Reporting:</b> <i>(controlled access, and requirements for harvest reporting) Refer to the Hunt Regulation booklet, and each GMU.</i>			
<b>Hunter Education Requirements:</b> <i>(Basic: yes/no)</i> <i>(Bow: yes/no)</i> <i>(Muzzleloader: yes/no)</i>			
<b>Costs of License, Tags, and/or Permits:</b>			

# Travel Plans

Each time you plan a hunting trip, complete this form and leave a copy with at least two responsible adults who know what to do if you or your party members are overdue or missing. The individuals you leave this with should contact the Alaska State Troopers, Search and Rescue Coordinator if you or your party members do not return from the field as scheduled. Attach a map of the area you will be hunting to this form.

<b>Name:</b>	
<b>Address:</b>	
<b>Phone:</b> (Work, Home, Cell)	
<b>Date of Birth:</b>	
<b>Local Contact:</b> (Name & Phone)	
<b>Family Doctor:</b> (Name & Phone)	
<b>Dentist:</b> (Name & Phone)	
<b>GMU(s) you will hunt:</b>	
<b>Camp Locations:</b> (Include map grid coordinates, list by priority)	
<b>Date of Departure:</b>	
<b>Date of Scheduled Return:</b>	
<b>List an overdue return date:</b>	
<b>Commercial Transporter:</b> (Name, Address & Phone)	
<b>Methods of Travel:</b> <input type="checkbox"/> Automobile <input type="checkbox"/> Aircraft <input type="checkbox"/> Snowmachine <input type="checkbox"/> Raft <input type="checkbox"/> Power Boat <input type="checkbox"/> Sailboat <input type="checkbox"/> Canoe <input type="checkbox"/> Foot <input type="checkbox"/> Trail Bike <input type="checkbox"/> Track Vehicle <input type="checkbox"/> ORV <input type="checkbox"/>	

<b>Outfitter/Guide:</b> (Name, Address & Phone)				
<b>Description of vehicles used:</b> (Make, model, color, and license)				
<b>Firearms Taken:</b> (Check all that apply & list quantity of ammunition)		<input type="checkbox"/> Shotgun: _____	<input type="checkbox"/> Rifle: _____	
		<input type="checkbox"/> Handgun: _____	<input type="checkbox"/> Other: _____	
<b>Describe Equipment:</b>				
<b>Communications:</b> (VHF Radio, Cellular/Satellite Phone)				
<b>Describe Medical Concerns:</b> (List injuries, prescriptions, allergies, heart & respiratory conditions, etc.)				
<b>Survival Training &amp; Experience:</b>				
<b>Equipment on Hand:</b>		(Complete and attach equipment list, food plan, clothes, first-aid and survival list)		
<b>Party Member:</b>	<i>Person 1</i>	<i>Person 2</i>	<i>Person 3</i>	<i>Person 4</i>
<i>Name:</i>				
<i>Address:</i>				
<i>Phone:</i>				
<i>Date of Birth:</i>				
<i>Contact:</i> (Name & Phone)				
<i>Medical Concerns</i>				

When you return from your trip, discard this search plan and all copies you might have made. A new travel plan should be completed each time you travel to assure the accuracy of the information. The time it takes to complete this plan could save your life and the lives of your hunting companions.

# Equipment List

This list is designed to assist you in planning a successful hunt. As you plan and pack for your Alaskan hunt, check off the items you'll need and add those items not listed here. Remember, the type of travel mode will influence the type of equipment selected. It is important to practice set up of equipment and make repairs before your hunt.

Do not pack your gear in hard-sided cases or luggage.

Rigid objects do not pack well in a bush airplane, on an ORV, or in a raft. Soft-sided waterproof bags are best for Alaskan hunting gear. Several small and medium sized bags are better than one or two large bags. To reduce duplication and weight, use only one size of battery for all appliances, and one type of petroleum fuel. Note, petroleum fuels have shipping restrictions when airplanes are involved. Ask airlines and air charter operators about transporting fuels.

## *Shelter & Housing:*

- Dome Tent with Full Coverage Fly (Dome shape sheds wind and snow loads well, look for rectangular floor, tape and seal seams, divide factory recommended capacity by 2)
- Metal Stakes
- Floor Protector
- Parachute Cord (150 feet)
- Tent Pole Repair Kit
- Visqueen 8-Mil or Nylon Tarp (8'x10')
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## *Tools:*

- Multi-purpose tool (Leatherman)
- Saw and/or Ax
- Duct Tape
- Allen & Torx wrenches
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## *Packs:*

- Internal or External Pack Frame (large capacity of 5,000 cubic inches or larger for packing large loads and meat)
- Day pack (large capacity of 2,000 cubic inches or larger for first-aid, survival kit, field dressing kit, and spare clothes.)
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***Conveniences:***

- Book, Journal, Cards
- Camera
- Film
- Spare Battery
- Bug Repellent
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***Firearm, Cleaning Kit,  
& Ammunition:***

- Ammunition (20 Rounds)
- Cleaning Kit (Rod, Patches, Lubricant)
- Electrician's Tape for Muzzle
- Tool Kit
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***Optics:***

- Binoculars (8 or 10 power)
- Spotting Scope (15, 45, or 20 power)
- Tripod
- Cleaning Cloth/Chamois
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***Equipment Notes: (list items for cleaning, repair, or purchase)***

# Food Plan

Two simple rules apply to food carried on Alaska hunting trips: (1) bring enough and (2) don't count on eating game meat. Bringing enough food means to pack meals high in caloric output for demanding field conditions. Additional food will also prepare you in the event that transportation does not arrive on schedule. Hunting in cool weather, hiking in difficult terrain, and packing heavy loads require more food than office work. Heavy and unseasonable snow and cold may force hunters to stay in the field for an extended period of time. In addition, aircraft delays of a day or two are common in Alaska.

Provided in this booklet are meal planning forms that should be used to estimate the total amount of food that should be purchased for the hunt. Remember, the type of access will determine what foods should be purchased. Canned foods may be taken if traveling by car or boat. Dried foods are best if traveling by plane or hiking. This information influences the types of materials needed for camp equipment. Begin with the sample list, and continue to build your meal plan by using the meal forms.

## ***Cooking Shelter, Food Storage, & Stove:***

- Bear Proof Containers
- Coolers
- Lean-to/Baker-Style Shelter or Miners-Type Single Pole Tent
- Cooking Stove (include repair kit and jet cleaner)
- Stove Pad (closed cell foam on snow)
- Fuel (unleaded gas)
- Tree Cache (ropes, pulleys and bag for food)
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## ***Cooking Materials:***

- Frying Pan (light aluminum non-stick surface)
- Cooking Pot (1-3 qt.)
- Plate, Bowl, and Cup
- Eating Utensils
- Matches (in waterproof case)
- Cleaning Pad
- Biodegradable Soap
- Nalgene Bottles
- Water Filter
- Water Purification Tablets
- Thermos
- Plastic Trash or Compactor Bags & Ties
- Zip-Lock plastic bags
- Drinking Water (may need to carry drinking water if hunting in dry areas)
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# Meal Plan

Day: \_\_\_\_\_

*Food List*

*Cooking Utensils*

*Condiments*

<i>Breakfast</i>			
<i>Lunch</i>			
<i>Dinner</i>			
<i>Snacks</i>			

Day: \_\_\_\_\_

*Food List*

*Cooking Utensils*

*Condiments*

<i>Breakfast</i>			
<i>Lunch</i>			
<i>Dinner</i>			
<i>Snacks</i>			

# Clothes

Wilderness hunting demands proper clothing. Cotton has little application in most Alaska hunting. Prepare for difficult weather conditions with synthetic fibers or wool. Wind and rain protection is critically important. Be sure your rain gear is up to the task. Some semi-permeable rain gear becomes porous when dirty or

stressed. Mountain hunting requires adequate foot gear. You need sturdy boots that will protect your feet and provide good traction under difficult conditions. Dress in layers and add or subtract clothes as conditions change. Try to keep from over heating or getting cold.

## ***Clothing:***

- Wool or Fleece Pants (2)
- Thermal Underwear (2)
- Socks, Liners (Lots)
- Shirt (Wool, Worsterlon, Fleece) (2)
- Jacket/Sweat shirt
- Rain suit
- Windbreaker Jacket and Pants
- Bug Shirt or Headnet
- Float Vest or Coat (depending on water trips)
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## ***Foot Gear:***

- Waders\*, Boots\*, or Pacs\*  
(depends on hunt conditions)
- Camp Shoes\*
- Aqua Seal
- Snow Seal
- Foot Powder
- Spare Laces
- Patching Kit
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(\*Break in all foot gear before trip.)

## ***Cold Weather Clothing***

- Hat, Cap, Stocking Cap or Head Sock
- Gloves
- Parka and Bibs (with synthetic insulation and windblock fabric)
- Cold Weather Pacs
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# First-Aid & Survival List

The gear from these two lists should be placed in a “never leave my side” pack and go everywhere with you in the field. Even a “short” stroll from camp.

## *First-Aid Gear List:*

- Safety Pins
- Ace Bandage “2” Wide
- 5-10 Finger Tip & Knuckle Bandages
- Latex Gloves
- ½ Oz. Povidone-Iodine (10% Solution)
- Scissors and Single Edge Razor Blade
- Forceps and Tweezers
- Zip-Lock Bags ½ Gallon Size (2)
- 4x4” Gauze Pads (in plastic) (12)
- Butterfly or Steri-Strips (10)
- Adhesive Tape
- Burn Ointment or Dressing
- Adhesive Moleskin
- Adhesive Second Skin
- Aspirin or Tylenol Tablets (small bottle)
- Syringe
- Dental Temporary Repair Kit
- Neosporin or Bacitracin Antibiotic Ointment
- Kling Dressing (Coban)
- Container of Hydrogen Peroxide
- SAM Splint
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## *Survival Gear List:*

- Saw
- Whistle
- Signal Kit & Mirror
- Small Flashlights (with extra batteries & bulbs) (2)
- Strike-Anywhere Matches & Butane Lighter
- Waterproof Match Case
- Metal Match
- Multipurpose Tool (Leatherman)
- 18” Square of Closed Cell Foam
- Spare Compass
- Small Pot (packed with high energy food)
- Extra Layer of Clothes
- Pencil Flares
- Heavy-duty Trash Bag, Space Blanket, or Space Bag
- Fuel Tablets
- Orange Plastic Sheet
- Surveyor Flag Tape
- Strobe (uses same size batteries as flashlight)
- Water Filter/Iodine Tablets
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